

# TOWN OF MAMARONECK

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SPRING / SUMMER 2017

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**RECREATION DEPARTMENT  
DISCOVER THE BENEFITS**

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# Welcome . . .

to a Spring & Summer of fun & activity!

**T**his brochure describes the broad range of recreation and park related activities and facilities that are and will be available to enhance your life over the coming months. We have tried to design this booklet with you and your family in mind, providing all the information you will need to fill your leisure hours with learning, fitness, relaxation and enjoyment.

We are a dedicated team of professionals committed to providing beneficial, life-enhancing opportunities for the community. We're here for you! If at any time you would like to talk with us, please feel free to stop by or call **381-7865**.

The staff of the  
Town of Mamaroneck  
Recreation Dept.

## Mission Statement

The mission of the Town of Mamaroneck Recreation Department is to improve the quality of life for all residents by providing a wide variety of leisure and cultural activities, special events, facilities and services that encourage health, fitness, relaxation, enjoyment, cultural enrichment and learning as well as providing opportunities for community involvement.

We will strive to enrich and improve the well-being and quality of life for present and future generations of Mamaroneck residents through sound planning, development, maintenance, preservation and the development of quality leisure services and facilities.

## PARKS and RECREATION

**Be Happier.** Increase property value. **Attract new business.** Look better. Take care of latch key children. Reduce unemployment. **Create memories, conquer boredom.** Diminish chance of disease. **BUILD SELF-ESTEEM, Live Longer.** INCREASE COMMUNITY PRIDE. Eliminate boredom. **Relax Promote Sensitivity to Cultural Diversity.** Build Family Unity. Lose weight, Reduce Crime. **Provide safe places to play.** Educate children and adults, **MEET FRIENDS.** Lower health care costs. **TEACH VITAL LIFE SKILLS, increase tourism.** Diminish gang violence. Offer place for social interaction, Build Strong Bodies. **REDUCE STRESS.** Provide space to enjoy nature....

**The BENEFITS are ENDLESS**

# Town of Mamaroneck Recreation

## Spring/Summer 2017

### Recreation Department

Jill Fisher  
*Superintendent of Recreation*  
Maria Gallagher  
*Asst. Superintendent/  
Senior Citizens*  
Jennifer Pollak  
*Recreation Supervisor*  
Vicky Laoutaris  
*Recreation Supervisor*  
Eileen Puleo  
*Recreation Leader*  
Rob Lunde  
*Rink Manager*  
Michelle Iannarelli  
*Office Assistant*  
Michael Gibson  
*Maintenance*

### Recreation Commission

James Druker  
*Chairman*  
Robert Morello  
Nathalie Orans  
William Paonessa  
Rita Plansky  
Terry Rainaldi  
Susie Sigel

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The Town of Mamaroneck Recreation Department welcomes residents of all abilities. Any resident needing special assistance should call the Superintendent of Recreation.

#### RECREATION OFFICE

914-381-7865

740 W. Boston Post Road, Mamaroneck

**Office Hours: Weekdays 8:30 am - 4:30 pm**

Memorial Day through Labor Day 8:30 am - 4:00 pm

Evening Hours: 1st & 3rd Wednesday of the month 6:00 - 8:00 pm

Email address: [recreationdept@townofmamaroneckny.org](mailto:recreationdept@townofmamaroneckny.org)

Town Web Page: [www.townofmamaroneckny.org](http://www.townofmamaroneckny.org)

Follow Us on Facebook and Twitter

# Program Registration

The Town of Mamaroneck Recreation Department is pleased to offer several easy ways to register for programs.



## Online

[www.townofmamaroneckny.org](http://www.townofmamaroneckny.org)



## Mail In

740 W. Boston Post Road  
Mamaroneck, NY 10543  
(Check or Money Order ONLY)



## In Person

740 W. Boston Post Road  
Mamaroneck, NY 10543

**Online:** In order to register online you will need to establish an online account. Please allow 2 – 3 business days for new household accounts to be approved pending submission of proof of residency.

- Choose an Activity Type.
- Add the program to your cart.
- Choose the family member to register.
- Answer any registration questions.
- Continue to the shopping cart.
- Choose checkout and finish by paying.
- All receipts are in PDF format and you must have Adobe Acrobat to view them.
- All online registrations will be assessed a non-refundable convenience fee.
- On-line camp registrations require additional paperwork. Please refer to page 42.

**In Person:** May be done for all Recreation Department programs.

- Two proofs of current acceptable residency must be shown at time of registration. Visa/ MasterCard/American Express/Discover, cash, check or money order are acceptable forms of payment.
- **Office hours are Monday thru Friday, 8:30 am to 4:30 pm\* and the 1st and 3rd Wednesday evening of the month from 6:00 pm to 8:00 pm.**
- \* **Please note: The office closes at 4:00 pm between Memorial Day and Labor Day.**

**Mail In:** Send a completed application form (downloaded from the Town website) with your payment (check or money order) and (2) photo copies of current acceptable proofs of residency to: **Town of Mamaroneck Recreation Department**

**740 West Boston Post Road, Mamaroneck, New York 10543**

- No Camp Applications will be accepted by mail.
- Registrations received prior to March 6th will be accepted and held for processing the morning of March 7th.
- Incomplete registrations will be returned.
- Photo copies of two legible proofs of residency must be submitted with application.
- If paying by check or money order, individual payments are necessary for each program.
- Please note that mail-in registration does not guarantee a space in a program. In the event that a class is closed, you will be placed on a wait list and will not be charged. You will be notified if a space becomes available.
- A receipt will be emailed to you after your application has been processed.
- The Recreation Department cannot be responsible for lost or misdirected mail.

**Resident Registration** begins Monday, March 6th.

**Rye Neck and Non Resident Program Registration** begins Monday, March 27<sup>th</sup>

\*Please be advised that many programs reach capacity and fees are not prorated.

# Program Registration

**Camp Registration Information:** See page 42 for more details.

**Skating School Registration:** Please refer to page 16 for more detailed registration procedures.

## ACCEPTABLE PROOF OF RESIDENCY

- Two acceptable proofs of residency are required including (1) valid government issued photo i.d. such as a driver's license, passport, etc. and either a utility bill, rent receipt, lease, or check with an address imprint. PLEASE NOTE: Last year's permit and library cards CANNOT BE USED as proof of residency. The Recreation Department reserves the right to reject any proof it deems questionable.

## REFUNDS

- A full refund will be issued for any program cancelled by the Recreation Department.
- **No refunds** will be approved for permits or trips.
- **Requests for refunds will be approved when received in writing directly to the Superintendent of Recreation and received in the Recreation Department Office at least fourteen (14) days prior to the first class/session. A 10% administrative fee will be charged. Requests received fourteen (14) to seven (7) days, a 50% refund will be given. No refunds will be considered if requested later than seven (7) days prior to the program start date.**
- All approved refunds will follow the Town Finance Department's bill payment schedule.
- Online Registration Convenience fee not refundable.

## PROGRAM CANCELLATIONS

Cancellations will be announced through the Recreation Office or through an automated message by calling 381-8471. Make up dates apply only to classes cancelled by the Recreation Department and not individual absences.

## SCHOLARSHIPS

A limited number of scholarships are available for qualifying families for Summer Camps. Please call the Recreation Office for additional information.

If there is inability to pay the full fee, a payment schedule can be arranged by contacting the Recreation Office. Refund policy applies to payment plans.

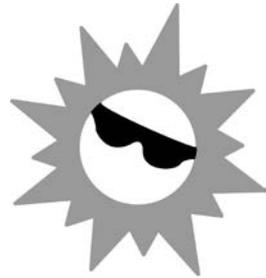
# Program Registration

## INSURANCE

Accident insurance is not provided for participants in these activities. It is recommended that parents and adults should obtain such insurance to protect their children or themselves.

## INSTRUCTOR POLICY

All staff/instructors employed by Mamaroneck Town Dept. of Recreation meet established minimum certification requirements & employment standards. Therefore, only those individuals properly authorized by the Town may teach at Town operated facilities.



## INSTRUCTORS WANTED

The Recreation Department is always looking for instructors to teach new and exciting class offerings. So if you have a specialty you would like to share, please contact us at 381-7865.

## PHOTO POLICY

**The department reserves the right to photograph program participants for publicity purposes.**

## PROGRAMS FOR THE DISABLED

The South East Consortium for Special Services, Inc. is a voluntary, not for-profit corporation providing recreation programs and services year round for youth, teens and adults with developmental, physical, emotional and learning disabilities. Program information is available by contacting SEC at 698-5232.

## HOW TO WATCH A GOOD PROGRAM BE ELIMINATED

Nothing kills a recreation program faster than residents who wait until the last minute to register. There is a point when a program must be cancelled or modified if there is insufficient registration. No one may participate without being registered.

**PLEASE REGISTER EARLY**

# Pool / Tennis / Ice Skating Permits

## HOW TO REGISTER FOR YOUR TOWN OF MAMARONECK POOL, TENNIS AND ICE SKATING PERMITS

- To enjoy resident privileges and rates at the Pool, Tennis Courts and Ice Skating Rink, a Town resident will need a **valid** pool, tennis or ice skating permit. Each family member requires a photo identification permit. Positive identification and proof of current Town residency is required - previous season's permits will not be acceptable.
- Register **IN PERSON** at the Recreation Office, 740 W. Boston Post Road, Mamaroneck weekdays **8:30 am - 4:30 pm\*** and the **1st and 3rd Wednesday evening of the month from 6:00 - 8:00 pm.**
  - \* Please note: The office closes at 4:00 pm between Memorial Day and Labor Day.
- Renewal pool, tennis and ice skating applications will be mailed to last year's permit holder or may be downloaded from the Town website. **For your convenience renewal applications may be returned by mail.**
- Permit fees cannot be prorated.
- **Tennis Permits go on sale beginning March 1st.**

### A Message from the Mamaroneck Board of Education

The Hommocks Pool was built in 1969 by the Mamaroneck School District as a part of the construction of the Hommocks Middle School. The School District is responsible for ongoing maintenance and improvements of the pool. However, understanding that the pool is a valuable asset to all residents of the community, the School District and the Town of Mamaroneck have always had a cooperative arrangement whereby the Town rents the pool in order to make it available for the community. The Town and the School District work closely to minimize any disruptions caused by closures for periodic maintenance or renovations and will continue to try to keep the public informed of the issues relating to the pool.

**The Town of Mamaroneck gratefully acknowledges the cooperation extended by the Mamaroneck School District with regard to the use of various school facilities.**

# Hommocks Pool

## POOL PERMIT FEES June 1, 2017 - May 31, 2018

The Hommocks Swimming Pool use is restricted to persons holding valid permits and their guests. All guests are required to pay the prevailing guest fee.

**No refunds on guest fees for inclement weather conditions.**

**Pool Hotline: 834-0052**

Yearly Permit (Valid one year from date of purchase)		School Year Permit (Valid from Sept. 11, 2017 - June 15, 2018)	
Resident Family	\$550	Resident Family	\$450
Resident Individual	\$250	Resident Individual	\$210
Resident Basic Ind.	\$160	Resident Sr. Citizen	\$120
Resident Sr. Citizen	\$155		
Rye Neck Family	\$620	Rye Neck Family	\$520
Rye Neck Individual	\$290	Rye Neck Individual	\$250
Rye Neck Basic Ind.	\$200	Rye Neck Sr. Citizen	\$135
Rye Neck Sr. Citizen	\$170		
Non Resident Family	\$660	Non Resident Family	\$560
Non Resident Individual	\$325	Non Resident Individual	\$285
Non Resident Sr. Citizen	\$205	Non Resident Sr. Citizen	\$170

Caregiver (Valid June 19th - Sept. 4th)	\$190
Guest Punch Card (see restrictions)	\$95

**GUEST FEES:** One guest per permit holder only, guest must be accompanied by the permit holder and pay prevailing guest fee upon entrance. No guest privileges with Daily Permits.

	Weekdays	Weekends/Holidays
ADULT GUEST (13 years and over)	\$6	\$12
CHILD GUEST (12 years and under)	\$3	\$6

**FAMILY:** Parent(s) and children under 23 years of age who permanently reside in the home. An individual card will be issued for each member of the immediate family.

**INDIVIDUAL:** No further charge will be made once permit has been issued.

**BASIC INDIVIDUAL:** Basic Individual: An adult (13 years and over) having this permit will be charged \$3 each time the card is used. A child (12 years and under) will be charged \$2 each time the card is used. There are NO guest privileges with this permit.

# Hommocks Pool

**SENIOR CITIZEN:** Eligibility age is 62 and over, proof of age must be shown at the time of registration.

**RYE NECK:** Included ONLY those individuals residing in the Rye Neck section of the Village of Mamaroneck but not the Town of Mamaroneck.

**NON RESIDENT:** Permits will be issued to families or individuals who reside outside the Town of Mamaroneck or Rye Neck.

**SCHOOL YEAR:** Permits valid from September 11, 2017 - June 15, 2018 (9.5 months). Resident, Rye Neck, Non Resident Families, Individuals or Senior Citizens are eligible.

**CAREGIVER:** Offered to households with a valid pool permit only. Sponsoring family must appear with caregiver at time of registration.

**GUEST PUNCH CARD:** This card can be purchased by valid permit holders for 10 Adult or 20 Youth admissions to the pool. Guest Punch Cards cannot be used without a permit holder present. Only one card will be issued per valid Family, Individual or Senior Citizen permit holder at a time. Punch Cards allow you to bring in multiple guests.

## DAILY POOL HOURS School Year until June 16th

Monday - Thursday .....	6:00 - 9:10 pm
Saturday & Sunday .....	Noon - 6:10 pm
School Vacation/Holiday and Conference Days .....	5:00 - 9:10 pm

**Pool will be closed on School Snow Days, Easter Sunday & Memorial Day and is subject to School District Schedule.**

**Spring maintenance is tentatively scheduled for April 8th - 16th.**

## June 17th to September 4th

Weekdays, 6/19 - 8/11 .....	Noon - 8:40 pm
Weekdays, 8/14 - 9/1 .....	11:00 am - 8:40 pm
Weekends .....	10:00 am - 8:40 pm
Holidays, July 4th and September 4th .....	10:00 am - 6:40 pm
<i>Toddler and Training Pools will close daily at 7:30 pm except July 4th &amp; Sept. 4th.</i>	

**Please be advised that the pool may be crowded weekdays 7/3 - 8/11 from Noon to 3 pm due to camp usage. Remember no outside food is permitted, small personal sized coolers are allowed - no glass. Concession is open during summer public pool hours.**

Management reserves the right to close certain sections and/or pools to ensure swimmer safety and meet health code requirements. Patrons are expected to familiarize themselves with all established pool rules and regulations. Rules can be found on the back of permit application forms.

### **HELP KEEP THE POOL OPEN!**

*Children in diaper stage MUST wear a swim diaper or rubber pants over a diaper. Pool contamination will result in closure of the pool.*

# Hommocks Pool Programs

## BUBBLE BABIES (Pool Permit Required)

Ages 6 months – 2 ½

### Session 1:

**Day:** Saturday  
**Time:** 11:30 am – Noon  
**Dates:** April 8th – May 20th  
(No Program April 15th)  
Make up: June 3rd

### Session 2:

**Day:** Saturday  
**Time:** 11:00 – 11:30 am  
**Dates:** June 24th – July 29th  
Make up: August 5th

**Fee:** Resident: \$85 Non Resident: \$95

This course is six half hour swim lessons where the parent and child learn together under instructor supervision. Acclimate your child to water and learn to instruct your child in the areas of bubble blowing, reaching, pulling and leg kicking. Parents must participate with child in the water and child must wear a swim diaper or rubber pants over their diaper. Make up classes are for cancellations by the Recreation Department ONLY.



## SEAHORSE (Pool Permit Required)

Ages 2 ½ - 3 ½

**Day:** Saturday  
**Time:** 11:30 am – Noon  
**Dates:** **Session 1:** April 8th – May 20th  
(No Program April 15th)  
Make up: June 3rd  
**Session 2:** June 24th – July 29th  
Make up: August 5th

**Fee:** Resident: \$85  
Non Resident: \$95



For children not ready for group lessons or able to separate from their parents, but are starting to swim or move on their own with a flotation device. Parents have the option to start in the water and then slowly separate to allow the child to gain confidence.

# Hommocks Pool Programs

## SWIM LESSONS (Pool Permit Required)

Ages 3 - 12

Session 1:		Session 2:	
<b>Day:</b>	Saturday	<b>Day:</b>	Tuesday & Thursday
<b>Time:</b>	9:30 - 11:30 am (6 half hour lessons)	<b>Time:</b>	4:00 - 6:00 pm (10 half hour lessons)
<b>Dates:</b>	April 8th - May 20th (No Program April 15th) Make up: June 3rd	<b>Dates:</b>	June 27th - August 1st (No Program July 4th) Make up: August 3rd
<b>Fee:</b>	Resident: \$80 Non Resident: \$85	<b>Fee:</b>	Resident: \$130 Non Resident: \$140

### Mandatory Skills Evaluation:

**Session 1:** Wednesday, April 5th 6:00 - 7:00 pm

**Session 2:** Tuesday, June 20th 5:00 - 6:00 pm

All swim lessons are broken up into TOTS (3-5 yrs) and YOUTH (6-12 yrs) and will be assigned a half hour time slot by the aquatics staff based on the results of the skills evaluation. Participants may NOT register for a specific class time. The class list will be emailed out and posted on the pool bulletin board the Thursday before classes begin after 4pm. Missed skills evaluation will delay class placement and participation. Child to instructor ratio of 5:1 for Tots and 6:1 for Youth will be maintained.



**Registration required prior to the skills evaluation, no registration will be taken after. Participants MUST have a valid pool permit prior to the first class.**

## DOLPHINS PRE TEAM (Pool Permit Required)

Ages 7 - 12

<b>Day:</b>	Tuesday & Thursday	
<b>Time:</b>	6:00 - 6:45 pm	
<b>Dates:</b>	April 4th - May 25th (No Program April 11th & 13th) Make up: June 1st	
<b>Fee:</b>	Resident: \$160	Non Resident: \$185



Swimmers must be able to swim one lap freestyle and one lap backstroke. The program will focus on the four competitive strokes, starts, turns and conditioning. Will help prepare for the swim season and improve their technique.

## MSC JUMP START

(Pool Permit Required)

<b>Day:</b>	Tuesday & Thursday
<b>Time:</b>	6:00 - 7:00 pm
<b>Dates:</b>	May 30th - June 22nd
<b>Fee:</b>	\$120



Ages 7- 17

Get a jump start on your Mamaroneck Swim Club training by taking part in these preseason practices. **Participants must be registered for the MSC 2017 season in order to participate in this program. Residents only.**

# Hommocks Pool Programs

## PADI SEAL SCUBA TEAM

Ages 8 - 12

(No Permit Required)

**Day:** Saturday  
**Time:** 1:30 - 3:00 pm  
**Dates:** **Session 1:** April 22nd - June 2nd  
(No Program May 27th)  
**Fee:** Resident: \$230  
Non Resident: \$260



The PADI Seal Team is an exciting underwater activity filled introduction to the world of scuba diving. Instruction will be provided by the dive professionals at Captain Mikes Diving. The program gives children a chance to use actual scuba equipment and experience adventure, discovery, and thrills. Your child will participate in a different Aqua Mission each week, and earn a PADI Seal Team certification. All diving will take place in the pool. Seal Team members need to have their own mask, snorkel, and fins and be comfortable in the water. Captain Mikes Diving has a full line of equipment available for purchase. Please register at the Town of Mamaroneck Recreation Department.

## MAMARONECK COMPETITIVE SWIM CLUB

Ages 6 - 17

(Pool Permit Required)

**Day:** Monday - Friday  
**Time:** 9 and under: 9:00 - 11:00 am  
10 and over: 9:00 - 12:00 pm  
**Dates:** June 26th - August 4th\*



\*Any participant who qualifies for Counties will be invited to swim until August 11th.

<b>Fee:</b> Resident:	Non Resident (As of June 12th, space permitting)
<b>Swimming:</b> 9 and under: \$305	<b>Swimming:</b> 9 and under: \$330
10 and over: \$355	10 and over: \$380
<b>Diving:</b> \$225	<b>Diving:</b> \$250

MSC is a competitive swimming and diving program; participation in at least 4 practices per week, swim meets (some will be held in the evening) and other events are required. All participants must be able to swim at least one length of the pool using front crawl. Nine and under swimmers will practice from 9 -11am and diving will be held from 10:30 - Noon. Ten and over swimmers will practice from 9am -Noon and diving will be held from 9:00 - 10:30 am.

MSC will be under the direction of returning head coach Kat Stuttle. Any questions email Kat at [mamaroneckswim@gmail.com](mailto:mamaroneckswim@gmail.com).

We will be holding diving tryouts from June 26th - 29th. Must be part of the swim team to be considered for the diving team. Sign up at the Recreation office, those selected will be notified by July 5th and have until July 10th to pay.

**Parents meeting:** Sunday, June 25th, 6:00 - 7:00 pm at the VFW Lodge, 1288 Boston Post Rd.

# Hommocks Pool Programs

## TEAM BARRACUDA LEVEL 1 - DEVELOPMENT

Ages 7 - 14

(No Permit Required)

**Day:** Monday & Wednesday

**Time:** 6:00 - 7:00 pm

**Dates:** **Session 1:** April 3rd - June 5th (8 weeks)  
(No Program April 10th, 12th & May 29th)

**Session 2:** June 7th - July 5th (4 weeks)  
(No Program July 3rd)

**Session 3:** July 10th - August 2nd (4 weeks)

**Session 4:** August 7th - August 30th (4 weeks)

**Session 5:** September 6th - September 27th (4 weeks)

**Fee:** 8 weeks Resident: \$350 Non Resident: \$375      **Fee:** 4 weeks Resident: \$225 Non Resident: \$235



This training program under the direction of Jeff Boyer, USAT Level II, Youth and Junior Coach, will introduce kids to the world of triathlon and multisport. Training will focus on swimming, biking and running. Participants must be able to swim two lengths of the pool and have a bike and helmet. For further information or questions email [info@BAmultisport.com](mailto:info@BAmultisport.com).

**Registration Information:** All participants MUST register with USA Triathlon at [www.teamusa.org/USA-triathlon](http://www.teamusa.org/USA-triathlon) and bring proof of registration with them to register for Team Barracuda.

## TEAM BARRACUDA LEVEL 2 - COMPETITIVE

Ages 11 - 16

(No Permit Required)

**Day:** Wednesday & Friday

**Time:** Wednesday 6:00 - 7:00 pm

\*Friday 6:00 - 7:30 pm

**Dates:** **Session 1:** April 5th - June 2nd (8 weeks)  
(No Program April 12th & 14th)

**Session 2:** June 7th - June 30th (4 weeks)

**Session 3:** July 5th - July 28th (4 weeks)

**Session 4:** August 2nd - August 25th (4 weeks)

**Session 5:** August 30th - September 22nd (4 weeks)

**Fee:** 8 weeks Resident: \$375 Non Resident: \$400      **Fee:** 4 weeks Resident: \$240 Non Resident: \$250



Team Barracuda Competitive is for more experienced and competitive Youth & Junior Triathletes looking to take the next step in their training and racing. Team Barracuda Competitive will introduce more advanced training and racing strategies to help the athletes perform in the more competitive older age group races. All sessions are led by Jeff Boyer, USAT Level 2 and Youth & Junior Coach. For further information or questions [info@BAmultisport.com](mailto:info@BAmultisport.com).

**\*Please note that Friday practices will be an hour and a half.**

**Registration Information:** All participants MUST register with USA Triathlon at [www.teamusa.org/USA-triathlon](http://www.teamusa.org/USA-triathlon) and bring proof of registration with them to register for Team Barracuda.

# Hommocks Pool Programs

## LIFEGUARDING

(No Permit Required)

Ages 15 & up

**Pretest:** Monday, April 3rd; 7:00 - 8:00 pm

**Day:** Saturday

**Time:** 12:30 - 4:00 pm

**Dates:** April 22nd - June 3rd

**Fee:** Resident: \$400 Non Resident: \$450



This program is a blended learning course, participants are required to do web based course work at home and meet for onsite skill sessions once a week. This program consists of instruction in Lifeguarding, First Aid and CPR/AED for the professional rescuer (certification good for 2 years). Participants must be able to complete the Pre Course Skills test (bring a bathing suit and towel).

*The skills required to take this course are as follows:*

- Swim 300 yards continuously using 100 yards front crawl, 100 yards breast stroke and 100 yards choice of freestyle or breast stroke.
- Swim 20 yards using front crawl or breast stroke, surface dive to a depth of 11 feet, retrieve a 10 pound object, return to the surface and swim 20 yards back to the starting point with both hands holding the object and exit the water without a ladder or steps within 1 minute and 40 seconds.
- Tread water for 2 minutes using only legs.

## CPR/AED FOR THE PROFESSIONAL RESCUER REVIEW

at Mamaroneck Town Center

Ages 15 & up

**Dates:** **Session 1:** Tuesday, May 16th; 5:30 - 8:30 pm

**Session 2:** Wednesday, May 24th; 5:30 - 8:30 pm

**Session 3:** Saturday, June 3rd; 10:00 am - 1:00 pm

**Fee:** Resident: \$110 Non Resident: \$130



Prerequisites: Valid CPR/AED FPR Certification and you must bring a pocket mask to class. Must be able to demonstrate proficiency in all skills adult, child and infant CPR (one and two rescuer), giving ventilations, obstructed airway and use of an AED. Successfully complete a written exam with a minimum score of 80%.

Limited supply of pocket masks will be available for purchase.

# Hommocks Pool Programs

## ADULT SCUBA with Captain Mikes Diving (No Permit Required)



Ages 10 & up

**Day:** Saturday

**Time:** Noon - 6:00 pm

**Dates:** **Session 1:** April 22nd & 29th

**Session 2:** May 13th & 20th

**Session 3:** June 10th & 17th

**Session 4:** July 15th & 22nd

**Fee:** Resident: \$290

Non Resident: \$320

(Additional \$130 for instructional book paid to Captain Mikes Diving)

Captain Mikes Scuba diving classes cover fundamental principles of Scuba diving, equipment functions, as well as physics of plunging into the water. The course starts with lectures (Noon - 3:30 pm) after which students will undergo training in the swimming pool (3:30 - 6:00 pm) to become familiar with diving techniques and apparatus. You will be taught to swim with snorkel and complete scuba diving gear. The next step is the open water training. Participants must be comfortable in the water and a good swimmer. Required equipment: mask, snorkel, fins and weight belt. Captain Mikes Diving has a full line of equipment available for purchase. [www.captainmikesdiving.com](http://www.captainmikesdiving.com).

## AQUA JOG

(No Permit Required)

Ages 15 & up

**Day:** Tuesday & Thursday

**Time:** 7:00 - 7:45 pm

**Dates:** **Session 1:** May 2nd - June 1st

Make up: June 6th

**Session 2:** June 20th - July 25th (No Program July 4th)

Make up: July 27th

**Fee:** Resident: \$100 Non Resident: \$120



A low impact, cardio-vascular workout without the risk of injury; it strengthens muscles, tones the body and burns fat. Aqua jog belts are provided. Participants must be comfortable in deep water. Instructor: Angie King, Certified Aqua jog instructor. **Minimum class size is 10.**

## AQUA ZUMBA

(No Permit Required)

Ages 15 & up

### Session 1:

**Day:** Saturday

**Time:** 4:00 - 5:00 pm

**Dates:** April 8th - June 10th

(No Program April 15th & May 27th)

**Fee:** Resident: \$80 Non Resident: \$100

### Session 2:

**Day:** Monday

**Time:** 7:00 - 8:00 pm

**Dates:** June 26th - August 14th

**Fee:** Resident: \$80

Non Resident: \$100

Join the party and ditch the workout!! Aqua Zumba is for anyone who wants to get a complete workout in half the time. Come learn Zumba moves in the pool set to international rhythms and take your fitness level to a greater place. Aqua Zumba is a great way to burn calories while experiencing zero impact on your joints! Instructor: Mary Ann Liebowitz, Certified Aqua Zumba Instructor. **Minimum class size: 10.**

# Hommocks Park Ice Rink

## ICE SKATING

Extended Season: April 1st to June 18th

Rink Manager: Rob Lunde

Rink number: 834-3164 during Public Hours

Information: 834-1069

Website: [www.hommocksicerink.org](http://www.hommocksicerink.org)

Mamaroneck's popular enclosed public skating facility offers fun for the entire family. Take the opportunity to learn skating, play hockey or sharpen your skills. Snack bar and lockers available. Refer to specific programs for fees and registration schedule.

### DAILY PUBLIC SKATING SCHEDULE

#### MARCH

Sundays	11:00am - 5:15pm
Mondays	12:30 - 2:30pm
Tuesdays, Thursdays & Fridays	1:00 - 5:15pm
Fridays	7:15 - 9:15pm
Saturdays	1:00 - 5:15pm

#### APRIL

Sundays, April 2nd, 9th & 23rd	11:00am - 5:15pm
Sunday, April 30th	11:00am - Noon
Monday, April 3rd	12:30 - 2:30pm
Tuesdays	1:00 - 5:15pm
Thursdays	1:00 - 5:15pm
Fridays	1:00 - 5:15pm
Friday, April 7th	7:15 - 9:15pm
Saturdays, April 1st & 8th	1:00 - 5:15pm
*Closed Easter Sunday	

#### MAY & JUNE

Fridays	1:00 - 5:30pm
Sundays	11:00am - 3:30pm

### SKATING RINK FEES

In addition to individual resident I.D. cards (\$20/individual), family plan rink passes (\$30/family) entitle resident card holders to discount admissions. Valid pass holders must present their card at cashier's booth for admission discount. A valid pool permit may be used for resident discount.

# Hommocks Park Ice Rink

## DAILY INDIVIDUAL RINK ADMISSIONS

	Discount Resident I.D. Card	General Public
Adult (12 & over)	\$6.50	\$8.50
Child (under 12)	\$6.00	\$7.50
Senior Citizen	\$5.25	\$6.50
Skate Rental	\$3.50	\$4.50
Groups (minimum 12-reserv. req'd.)	\$6.00	\$6.25
Skate Rental Group	\$3.00	\$3.50
<b>Discount Card-12 Sessions</b>		
Adult (12 & over)	\$65.00	\$85.00
Child (under 12)	\$60.00	\$75.00
Senior Citizen	\$52.50	\$65.00
Skate Rentals	\$35.00	\$45.00
<b>Season Passes</b>		
Adult (12 & over)	\$180.00	\$240.00
Child (under 12)	\$145.00	\$200.00
Family	\$390.00	\$490.00
<b>High School/College Hockey</b>		
Adult	\$5.00	\$5.00
Student/Child	\$4.00	\$4.00
<b>Resident Skating Rink Permit Fees</b>		
Individual I.D. Card	\$20.00	
Family I.D. Card	\$30.00	





# Hommocks Park Ice Rink



## SKATING SCHOOL

Group lessons for ages 4 through adult (beginner to advanced) I.S.I. (Ice Skating Institute) Badge program available. Testing will be done in the fourth week for students ready to advance. Skaters will be given a badge when successfully completing a level. PLEASE NOTE: Some levels are difficult and may take a skater more than 5 weeks to complete. DIRECTOR: Alana Kelton

### GROUP LESSONS

Tuesday, Thursday, Friday or Sunday  
Five-week session  
Classes are one-half hour  
(30 minutes) long

### CLASS DATES

**SESSION 5:** March 21st - May 7th  
(No program April 11th - 16th)  
**\*SESSION 6:** May 12th - June 18th  
(No program May 26th & 28th)  
**\*Fridays and Sundays only**

### REGISTRATION at Ice Rink only

Registration dates and times are as follows. Registration is on a first-come, first-served basis. Proof of residency will be required. No priority is given to participants who are currently enrolled.

	RESIDENTS ONLY	GENERAL PUBLIC	GENERAL PUBLIC
	5:30 - 7:00 pm	8:30 - 10:30 am	6:00 - 7:00 pm
<b>SESSION 5:</b>	March 20th	March 21st	March 23rd
<b>SESSION 6:</b>	May 1st	May 2nd	May 4th

NO MAKE-UPS are allowed.

Fee: Resident: \$85 Non Resident: \$105 (skate rental not included)

### ICE SKATING SCHOOL PRIVATE LESSONS

Available by appointment, contact Skating Director at Hommocks Rink at (914) 834-3164 ext. 205 or by Email: [akelton@townofmamaroneckny.org](mailto:akelton@townofmamaroneckny.org).

## YOUTH HOCKEY - SPRING

Ages 5 - 12

**Day:** Saturday

**Time:** Group A/B: 7:30 - 8:30 am Group C: 8:30 - 9:30 am

**Dates:** April 1st - June 17th

(No Program April 8th, 15th & May 27th)

**Fee:** Resident: \$255 Rye Neck: \$275

Non Resident: \$295

Spring Hockey will include some instructional time but will be mostly game play. Players who did not participate in the Town of Mamaroneck Youth Hockey Program. All participants must be pre registered with USA Hockey prior to registering for the program. No player will be allowed on the ice without being registered. **A maximum of 50 participants per time slot.**



# Hommocks Park Ice Rink

## CELEBRATE A HOMMOCKS BIRTHDAY ON ICE

Special birthday packages are available including ice time for all guests, skate rentals and a meal prepared by Rink concessionaire, Slap Shot Café. Reservations are required with a non-refundable \$40 deposit. To book a party or for additional information, please call 914-834-1069.



## PARTY PACKAGE PRICES (12 or more)

### Resident I.D. Card Discount

\$16.25 per person

\$19.25 per person including skates



### General Public

\$16.50 per person

\$20.00 per person including skates

- This package includes admission and concession menu choice of: hot dog or pizza slice, soda with second refill and a bag of potato chips.
- Also includes paper goods and tablecloths. Patrons may provide a cake and individual party favors. Party table and skate rental limited to (2) hours. Patrons are required to clean table after use.

**NO BALLOONS OR CONFETTI. NO OUTSIDE FOOD OR BEVERAGE ALLOWED, EXCEPT FOR BIRTHDAY CAKE.**

# ICEBREAKER 2017

## ADULT ICE BREAKER HOCKEY TOURNAMENT

April 27th - 30th

Contact Dan Demasi at 914-318-9501 for further information.

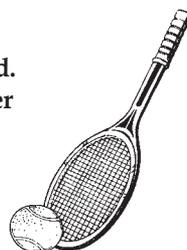
# Tennis Programs

## TENNIS

at Memorial Park

Town of Mamaroneck 2017 permit required.

Attendant will be on duty May - September



**Memorial Park (Myrtle Blvd.)**  
April 1st - October 31st

4 Tennis Courts  
9:00 am - Dusk

### MEMORIAL PARK TENNIS PERMIT FEES:

	Resident-Town of Mamaroneck	Resident-Village of Larchmont & Mamaroneck**
Family*	\$270	\$320
Adult (17 and older)	\$125	\$165
Senior Citizen (60 and older)	\$110	\$145
Youth (16 and younger)	\$90	\$115

\*A family is parent(s) and children under 23 residing in the same home.

\*\*Excluding Rye Neck residents.

### GUEST FEES (guest of permit holders only):

Monday - Friday (except holidays)	Adult: \$5	Youth: \$4
Saturdays, Sundays & Holidays	Adult: \$7	Youth: \$5

For further information on the reservation system and special rules, contact the Recreation Office at 381-7865.



# Tennis Programs

## TENNIS INSTRUCTION PROGRAMS

A comprehensive lesson program for adults and youth will be offered again this session under the direction of **Nancy Sadlier, of Lifetime Racquet Sports, 481-5134.**

**ADULT LESSONS - 16 and older. All programs are 6 lessons.**

**SKILLS EVALUATION:** Skills Evaluation will be held at Memorial Park Courts for all new participants in Session 1 only group lessons.



Skills Evaluation: Wednesday, May 10th, 10:30 am.

If you are unable to attend the evaluation, please contact Nancy at Lifetime Racquet prior to May 10th at 481-5134.

**NOTE:** For all classes, both adult and youth players are asked to bring their own tennis racket and one new unopened can of tennis balls.

**RAIN POLICY:** If it is raining at the time of the lesson, there will be no lesson. If it is questionable, please call the tennis hotline 30 minutes prior to your scheduled lesson time or report to the courts to find out the status of the lesson. Every attempt will be made to dry the courts.

**MAKE UP DATES:** **Session 1: Week of June 26th**  
**Session 2: Week of August 14th**

**TENNIS HOTLINE:** 381-8471 or visit the Recreation website [www.townofmamaroneckny.org](http://www.townofmamaroneckny.org) for program and lesson updates.

**NON RESIDENT REGISTRATION:** Non residents may register beginning Monday, March 27th.

# Tennis Programs

## TUNE-UP WORKSHOP at Memorial Park Courts

**Day:** Monday & Wednesday  
**Time:** 9:00 – 10:30 am or 10:30 am - Noon  
**Dates:** **Session 1:** May 15th – June 26th  
(No Program May 29th)  
**Session 2:** July 3rd – August 9th  
**Fee:** Resident Permit Holder: \$335  
Resident Non Permit Holder: \$355  
Non Resident: \$370



An opportunity for players to brush up on tennis skills through drills, games and point play. Players will be grouped by ability.

## DOUBLES STRATEGY CLINICS at Memorial Park Courts

**Day:** Tuesday or Thursday  
**Time:** 1 ½ hour classes run  
between 9:00 am - Noon  
**Dates:** **Session 1:** May 16th – June 22nd  
**Session 2:** July 6th – August 10th  
**Fee:** Resident Permit Holder: \$190  
Resident Non Permit Holder: \$210  
Non Resident: \$225



Instruction opportunity for beginner, intermediate and advanced players in ground stroke, volley, overhead and serve with up to four players per court. **Director will accept time requests.**

## ADULT INDIVIDUAL TENNIS INSTRUCTION at Memorial Park Courts

**Day/Time:** Tuesday or Thursday 9:00 am – 1:00 pm  
Monday or Wednesday 10:30 am – 2:00 pm  
**Dates:** **Session 1:** May 15th – June 26th (No Program May 29th)  
**Session 2:** July 3rd – August 10th (No Program July 4th)  
**Fee:** Resident Permit Holder: \$175  
Resident Non Permit Holder: \$195  
Non Resident: \$210

All Lessons are 30 Minutes.



## Tennis Programs

### CARDIO TENNIS

at Memorial Park Courts

**Day:** Tuesday  
**Time:** Noon - 1:00 pm  
**Dates:** **Session 1:** May 16th - June 20th  
**Fee:** Resident Permit Holder: \$110  
Resident Non Permit Holder: \$130  
Non Resident: \$145



This fun group activity will give players of all levels the ultimate high energy workout. Curriculum and pace is geared to the age and physical capabilities of the participants.

### EVENING ADULT INDIVIDUAL TENNIS INSTRUCTION

at Memorial Park Courts

**Day:** Thursday  
**Time:** 6:00 - 8:00 pm  
**Dates:** July 13th - August 17th  
**Fee:** Resident Permit Holder: \$175  
Resident Non Permit Holder: \$195  
Non Resident: \$210



All Lessons are 30 Minutes.

### ADULT GROUP EVENING INSTRUCTION

at Memorial Park Courts

**Day:** Tuesday or Wednesday  
**Time:** 6:00 - 7:00 pm or 7:00 - 8:00 pm  
**Dates:** July 5th - August 15th  
**Fee:** Resident Permit Holder: \$135  
Resident Non Permit Holder: \$155  
Non Resident: \$170



Instruction for players of all abilities will focus on stroke production and technique of ground strokes, volley, overhead and serve, plus drills and games.

# Tennis Programs

## YOUTH TENNIS LESSONS

No skills evaluation required.

ALL PROGRAMS ARE 6 LESSONS EXCEPT WHERE NOTED.

### PEE WEE TENNIS INSTRUCTION

at Memorial Park Courts

Ages 4 - 5

**Day:** Tuesday or Thursday  
**Time:** 1:00 - 1:45 pm or 1:45 - 2:30 pm  
**Dates:** May 16th - June 22nd  
**Fee:** Resident: \$100  
Non Resident: \$115



This program is designed to introduce children to the game of tennis in a fun and self-rewarding way.

### LITTLE ACES INTRODUCTION TO TENNIS

at Memorial Park Courts - 5 weeks

Kindergarten & 1st grade

**Day:** Friday  
**Time:** 3:30 - 4:30 pm  
4:30 - 5:30 pm  
5:30 - 6:30 pm  
**Dates:** May 19th - June 23rd  
(No Program May 26th)  
**Fee:** Resident: \$120  
Non Resident: \$140



Children will learn the basics of the game (forehand, backhand & volley).



# Tennis Programs

## YOUTH TENNIS LESSONS

No skills evaluation required.

ALL PROGRAMS ARE 6 LESSONS EXCEPT WHERE NOTED.

### SPRING JUNIOR DEVELOPMENT LESSONS

at Memorial Park Courts

Ages 6 - 14  
(and those who have  
completed Little Aces)

**Day:** Tuesday or Thursday

**Time:** 3:30 - 4:30 pm

4:30 - 5:30 pm

5:30 - 6:30 pm

**Dates:** May 16th - June 22nd

**Fee:** Resident Permit Holder: \$125

Resident Non Permit Holder: \$145

Non Resident: \$160

Players of all abilities will learn the fundamental of ground strokes, volley, overhead and serve.



### YOUTH INDIVIDUAL TENNIS INSTRUCTION

at Memorial Park Courts

Ages 6 - 15

**Day/Time:** Monday or Wednesday 3:00 - 7:00 pm

Tuesday or Thursday 6:30 - 7:00 pm

**Dates:** May 15th - June 29th

(No Program May 29th)

**Fee:** Resident Permit Holder: \$175

Resident Non Permit Holder: \$195

Non Resident: \$210



# Golf Programs

## INTRODUCTION TO GOLF at Saxon Woods Golf Course

### Adults (Ages 18 & older)

**Day:** Monday

**Time:** 6:00 - 7:00 pm

**Dates:** **Session 1:** May 1st - 22nd

**Session 2:** June 12th - July 10th

**Session 3:** July 17th - August 7th

**Fee:** Resident: \$140 per person      Non Resident: \$165 per person



### Youth (Ages 7 - 17)

**Day:** Wednesday

**Time:** 6:00 - 7:00 pm

**Dates:** **Session 1:** May 3rd - 24th

**Session 2:** June 7th - 28th

**Session 3:** July 12th - August 2nd

**Fee:** Resident: \$140 per person      Non Resident: \$165 per person

Participants will be given instruction in all aspects of the game, while developing skill and confidence on the course. All levels are welcome. All necessary equipment will be provided, just bring your sneakers and smile! **All sessions are 4 weeks. Minimum class size: 5.**



# Golf Programs

## INTRODUCTION OF GOLF at Saxon Woods Golf Course

### Parent/Child (Ages 7 & Older)

**Day:** Thursday

**Time:** 6:00 – 7:00 pm

**Dates:** **Session 1:** May 4th - 25th

**Session 2:** June 8th - 29th

**Session 3:** July 13th - August 3rd

**Fee:** Resident: \$100 per person      Non Resident: \$125 per person



Parent and child will receive instruction in the game of golf and improve their skills. A great way to spend an evening together. **Limit 1 child per parent, must be same parent and same child each week.**

In the case of inclement weather, please call the golf course at 231-3461 one hour prior to the start of class. Classes canceled by pro will be made up. **Registration deadline is (10) days prior to the start of the first class. Don't delay, register early. No registration accepted at golf course.**

## JUNIOR GOLF CAMP at Saxon Woods Golf Course

Ages 9 – 15

**Day:** Monday - Thursday

**Time:** 8:30 – 11:00 am

**Dates:** **Session 1:** July 10th – 13th

**Session 2:** July 17th – 20th

**Session 3:** July 24th – 27th

**Session 4:** August 7th – 10th

**Session 5:** August 14th – 17th

**Fee:** Resident: \$275      Non Resident: \$300

A wonderful opportunity to learn to play golf. All playing abilities are welcome. Instruction is scheduled on a rotation basis covering all aspects of the game, including putting, pitching, chipping, full swing, rules, etiquette and course management. Rain or shine.

**Minimum class size: 5.**



**Director:** Charlie Meola, PGA Head Professional at Saxon Woods Golf Course.

# Tot Programs

## TOT MUSIC EXPRESS

at Hommocks Ice Rink Community Room

Ages 1 - 5

**Day:** Monday  
**Time:** 1:30 - 2:10pm  
**Dates:** April 24th - June 19th  
(No Program May 29th)  
**Fee:** Resident: \$100  
Non Resident: \$120



A FUN and CREATIVE music class incorporating songs, nursery rhymes and movement. Your child is encouraged to use musical instruments and a variety of other toys and props to enable them to develop their language, confidence, social skills and creativity. Parent or caretaker are welcomed to participate.

## PRE BALLET

at Hommocks Ice Rink Community Room

Ages 3 - 5

**Day:** Monday  
**Time:** 12:45 - 1:25 pm  
**Dates:** April 24th - June 19th  
(No Program May 29th)  
**Fee:** Resident: \$100 Non Resident: \$120

**Day:** Thursday  
**Time:** 11:00 - 11:40 am  
**Dates:** April 20th - June 22nd  
**Fee:** Resident: \$120 Non Resident: \$140

at VFW Lodge, 1288 Boston Post Rd.

**Day:** Tuesday  
**Time:** 4:35- 5:15 pm  
**Dates:** April 18th - June 20th  
**Fee:** Resident: \$120 Non Resident: \$140



Children will learn ballet basics with a focus on positions, rhythm, coordination and motor skills. Movements will be taught through creative exercises and fun games. Join "Dawny Dew" Halasz for this lively interactive program.

# Tot Programs

## CREATIVE MOVEMENT

Ages 3 - 5

at VFW Lodge, 1288 Boston Post Rd.

**Day:** Tuesday  
**Time:** 3:45 - 4:30 pm  
**Dates:** April 18th - June 20th  
**Fee:** Resident: \$120  
Non Resident: \$140



These creative movement classes will introduce young children to music and movement. Children will learn self-discipline, listening skills and coordination skills while playing fun games. No special skills or abilities required. Please wear loose comfortable clothing, sneakers or comfortable shoes. You may drop your child off and wait in one of our waiting rooms. Program will be taught by "Dawny Dew" Halasz.

## MOMMY & ME MUSIC & MOVEMENT

Ages 9 months - 4 years

at Hommocks Ice Rink Community Room

**Day:** Thursday  
**Time:** 9:30 - 10:10 am 9 - 18 months  
10:15 - 10:55 am 19 months - 4 years  
**Dates:** April 20th - June 22nd  
**Fee:** Resident: \$120 Non Resident: \$140

Children will move to music, giggle to funny rhymes and pretend to be wild and wonderful animals in this lively interactive program with "Dawny Dew" Halasz. Music is a natural connection tool that brings people together and helps them interact with one another. Children are engaged with the use of puppets, felt board activities, nursery rhymes and songs. We encourage active participation by parents and other caregivers. This weekly musical program promotes early language skills and socialization. Space is limited.



# Tot Programs

## PARENT & ME - TOTAL SPORTS

Ages 2 - 3

at Memorial Park

**Day:** Friday  
**Time:** 9:30 - 10:30 am or 11:45 am - 12:45 pm  
**Dates:** April 21th - June 9th  
Make up: June 16th  
**Fee:** Resident: \$165  
Non Resident: \$180

**Day:** Thursday  
**Time:** 4:00 - 5:00 pm  
**Dates:** June 22nd - July 27th  
Make up: August 3rd  
**Fee:** Resident: \$140  
Non Resident: \$155



The US Sports Institute's Parent & Me Total Sports program allow children to experience a new sport in each session of the program with a helping hand from a parent or caregiver! Children have the opportunity to try T-Ball, lacrosse, soccer, basketball, floor hockey, parachute games and more in a safe and structured environment.

## PARENT & ME - T-BALL SQUIRTS

Ages 2 - 3

at Memorial Park

**Day:** Tuesday  
**Time:** 12:15 - 1:15 pm  
**Dates:** April 25th - June 13th  
Make up: June 20th  
**Fee:** Resident: \$165  
Non Resident: \$180

The US Sports Institute's Parent & Me T-Ball Squirts program is a fun and positive introduction to t-ball. With a parent participating by their side, kids will have fun learning the fundamental skills of t-ball through a program of structured activities, fun based games, and scrimmages.



## Tot Programs

### GYM ON WHEELS GYMNASTICS at Hommocks Ice Rink Community Room

Ages 22 months - 4 years

**Day:** Wednesday  
**Time:** 10:30 - 11:00 am **22 - 35 months**  
**Fee:** Resident: \$120 Non Resident: \$130  
**Time:** 11:15 - 11:55 am **3 - 4 years**  
**Fee:** Resident: \$125 Non Resident: \$135  
**Dates:** April 19th - June 7th  
Make up: June 14th



A dynamic class that will enhance your child's fine and gross motor skills through stretching, aerobic exercises, gymnastics, group games, music and song. New games and new skills will add variety each week to this high energy class. A certified instructor will guide your child through this fun, nurturing and self-esteem building program.

### SOCCER SQUIRTS at Memorial Park

Ages 3 - 5

**Day:** Thursday  
**Time:** 2:30 - 3:30 pm  
3:30 - 4:30 pm  
4:30 - 5:30 pm  
5:30 - 6:30 pm  
**Dates:** April 20th - June 8th  
Make up: June 15th  
**Fee:** Resident: \$165 Non Resident: \$180



**Day:** Wednesday  
**Time:** 10:15 - 11:15 am  
11:30 - 12:30 pm  
**Dates:** June 28th - August 2nd  
Make up: August 9th  
**Fee:** Resident: \$140 Non Resident: \$165

The US Sports Institute's Soccer Squirts program provides an introduction to the beautiful game of soccer in a fun filled, safe environment for children. The program includes enjoyable and imaginative games and scrimmages. Soccer Squirts is designed to develop motor skills, balance and coordination within a low pressure social environment. The Soccer Squirts schedule includes a range of games based upon short passing, dribbling, turning and shooting.

## Tot Programs

### T-BALL SQUIRTS

at Memorial Park

Ages 3 – 5

**Day:** Friday  
**Time:** 10:30 – 11:30 am  
**Dates:** April 21st – June 9th  
Make up: June 16th  
**Fee:** Resident \$165  
Non Resident \$180

**Day:** Tuesday  
**Time:** 1:15 – 2:15 pm  
**Dates:** April 25th – June 13th  
Make up: June 20th  
**Fee:** Resident \$165  
Non Resident \$180



The US Sports Institute's T-Ball Squirts is a great way to introduce your young sluggers to the exciting game of baseball! T-Ball Squirts focuses on the fundamental skills of the game: including hitting, throwing, catching and running bases. Using safe and developmentally appropriate equipment, core components of T-Ball will be taught through a series of fun games and activities.

### TOTAL SPORTS SQUIRTS

at Memorial Park

Ages 3 – 5

**Day:** Tuesday  
**Time:** 3:30 – 4:30 pm  
5:30 – 6:30 pm  
**Dates:** April 25th – June 13th  
Make up: June 20th  
**Fee:** Resident: \$165  
Non Resident: \$180

**Day:** Wednesday  
**Time:** 5:00 – 6:00 pm  
**Dates:** June 28th – August 2nd  
Make up: August 9th  
**Fee:** Resident \$140  
Non Resident \$165

**Day:** Thursday  
**Time:** 5:00 – 6:00 pm  
**Dates:** June 22nd – July 27th  
Make up: August 3rd  
**Fee:** Resident: \$140 Non Resident: \$165

The Total Sport Squirts program introduces children to a variety of sports such as soccer, baseball, lacrosse, hockey and T-Ball. Games and drills are designed by the US Sports Institute to capture each child's imagination. All activities promote hand-eye coordination, movement, balance and most importantly FUN!



## Tot Programs

### LACROSSE SQUIRTS

Ages 3 – 5

at Memorial Park

- Day:** Wednesday  
**Time:** 9:15 – 10:15 am  
**Dates:** June 28th – August 2nd  
Make up: August 9th  
**Fee:** Resident: \$140  
Non Resident: \$165



Lacrosse Squirts is a great way to play one of America's fastest growing sports and will encourage all involved to become a lifelong fan of lacrosse. US Sports Institute's Lacrosse Squirts participants will learn how to cradle, shoot, catch, scoop and scrimmage with maximum enjoyment.

**\*NEW\***

### FLAG FOOTBALL SQUIRTS

Ages 4 – 5

at Memorial Park

- Day:** Monday  
**Time:** 3:30 – 4:30 or 4:30 – 5:30  
**Dates:** June 28th – August 2nd  
Make up: August 9th  
**Fee:** Resident \$145  
Non Resident \$160

- Day:** Wednesday  
**Time:** 4:00 – 5:00 pm  
**Dates:** April 24th – June 12th  
(No Program May 29th)  
Make up: June 19th  
**Fee:** Resident \$125  
Non Resident \$140



The US Sports Institute's Coed Flag Football program will focus on the rules of the game and players will develop techniques in passing, receiving and deflagging. Participants will develop an understanding of offensive and defensive plays and will be encouraged to implement these into a scrimmage.

## Youth Programs

**\*NEW\***

### LEGO FLIX

at Hommocks Ice Rink Community Room

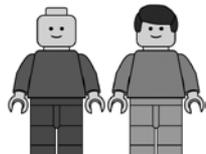
Ages 7 - 13

**Day:** Monday - Thursday

**Time:** 9:00 am - Noon

**Dates:** April 10th - 13th

**Fees:** Resident: \$185 Non Resident: \$200



We know you love Legos and can create incredible Lego worlds, now it's time to bring those worlds to life in Lego stop-motion animated flix! We provide the Legos and you provide your imagination. Students will create a Lego set with Lego characters for a movie they will storyboard, write, shoot and add voice-over in age-appropriate groups.

**\*NEW\***

### LIVE ACTION FLIX

at Hommocks Ice Rink Community Room

Ages 7 - 13

**Day:** Monday - Thursday

**Time:** 1:00 - 4:00 pm

**Dates:** April 10th - 13th

**Fees:** Resident: \$185 Non Resident: \$200



Do you want to have a blast making a movie? We'll guide you through "Action" to "That's a wrap" as you brainstorm, location scout, bring in props and costumes, act and direct in a collaborative movie that will be fun for the entire audience.

**\*NEW\***

### LIVE ACTION AND LEGO FLIX - FULL DAY

at Hommocks Ice Rink Community Room

Ages 7 - 13

**Day:** Monday - Thursday

**Time:** 9:00 am - 4:00 pm

**Dates:** April 10th - 13th

**Fees:** Resident: \$305 Non Resident: \$320



Are you the next star director? Actor? Writer? Cameraman? Join us for both sessions. Lunch supervision included at no additional cost.

## Youth Programs

### EDIBLE CREATIONS

at VFW Lodge, 1288 Boston Post Rd.

**Day:** Monday

**Time:** 3:30 - 4:45 pm

**Dates:** April 24th - June 5th (No Program May 29th)

Make up: June 12th

**Fee:** Resident: \$90 Non Resident: \$110

Ages 6 - 8



This program will offer young children the exposure to basic food preparation techniques while designing edible food creations. "Chef Kathy" will engage your child's creativity through projects that can be taken home and displayed (or eaten) for the family. Children will be given directions, measurements and ingredients while preparing tasty treats each week. Everything including FUN, supplied. PLEASE INFORM THE RECREATION OFFICE OF ANY FOOD ALLERGIES.

### SENIOR TOTAL SPORTS SQUIRTS

at Memorial Park

**Day:** Tuesday

**Time:** 4:30 - 5:30 pm

5:30 - 6:30 pm

**Dates:** April 25th - June 13th

Make up: June 20th

**Fee:** Resident: \$165 Non Resident: \$180

Ages 5 - 7



The US Sports Institute's Senior Total Sports Squirts program is ideal for players that have graduated out of our squirts programs. This program allows players to be introduced to the basic techniques of a variety of sports such as soccer, baseball, lacrosse, hockey and T-Ball.

### SENIOR SOCCER SQUIRTS

at Memorial Park

**Day:** Thursday

**Time:** 4:30 - 5:30 pm

5:30 - 6:30 pm

**Dates:** April 20th - June 8th

Make up: June 15th

**Fee:** Resident: \$165 Non Resident: \$180

Ages 5 - 7



This US Sports Institute's Senior Soccer Squirts program is ideal for players that have graduated out of Soccer Squirts or for younger players looking to progress within the sport. This program allows players to be introduced to the basic techniques through structured exercises and small scrimmages.

## Youth Programs

### COMBO DANCE CLASS

at VFW Lodge, 1288 Boston Post Rd.

Ages 5 - 6

**Day:** Thursday

**Time:** 3:45 - 4:30 pm

**Dates:** April 20th - June 22nd

**Fee:** Resident: \$120

Non Resident: \$140

“Dawny Dew” Halasz has designed these classes to introduce your child to ballet, jazz and modern dance with just the right balance of discipline and fun. This class will feature great music with simple choreography, fun games and creative movement while promoting gross motor skill development in a relaxed setting. Child should bring a water bottle to class.



**Parents can drop off children or wait in the waiting room. All parents are invited to enjoy their children’s progress at the last class performance.**

### HIP HOP/JAZZ CLASS

at VFW Lodge, 1288 Boston Post Rd.

Ages 7 - 11

**Day:** Thursday

**Time:** 4:30 - 5:30 pm

**Dates:** April 20th - June 22nd

**Fee:** Resident: \$120

Non Resident: \$140

These classes will explore the techniques of Hip Hop and Jazz with fun and upbeat energy. There will be an emphasis on rhythm, since music and beats are an important part of Hip Hop and Jazz dance. Basic



techniques will be explored including; walks, turns and leaps, as well as locomotor functions. “Dawny Dew” Halasz will provide an hour of great music and fun dancing. Child should bring a water bottle to class.

**Parents can drop off children or wait in the waiting room. All parents are invited to enjoy their children’s progress at the last class performance.**

## Youth Programs

### CARTOONING

Ages 5 - 8

at VFW Lodge, 1288 Boston Post Rd.

- Day:** Thursday  
**Time:** 4:00 - 4:45 pm  
**Dates:** April 20th - June 22nd  
**Fee:** Resident: \$120  
Non Resident: \$140

Does your child like to doodle? Explore the world of cartooning with Aaron Stone. In addition to learning techniques and creating cartoon style drawings, this class will allow children to draw from life. Your child will draw from observation and weather permitting, draw outside which will inspire different techniques to help in the artist's growth.



### ACRYLIC PAINTING FOR YOUNG ARTIST

Ages 7 - 11

at VFW Lodge, 1288 Boston Post Rd.

- Day:** Thursday  
**Time:** 4:50 - 5:40 pm  
**Dates:** April 20th - June 22nd  
**Fee:** Resident: \$120  
Non Resident: \$140

Your child will learn to create paintings of real scenes they choose themselves from photos, pictures and from still life and original drawings. Each young artist will paint their own creation with the guidance of Aaron Stone. This adventure in painting will provide instruction and fun for the entire class. **Please Note:** Bring canvas panels and paints and photos that interest you. Supply list available at the Recreation Office.



## Youth Programs

**PAINT PARTY WITH NANDO**  
at VFW Lodge, 1288 Boston Post Rd.

Ages 9 - 16

**Day:** Friday  
**Time:** 4:00 - 5:30 pm  
**Dates:** **Session 1:** April 28th  
**Session 2:** June 2nd  
**Fee:** Resident: \$25  
Non Resident: \$30



If you are looking for something fun and exciting for your child or a group of friends, join this painting party with Nando. This painting adventure is fun for everyone and we'll show you how to paint your masterpiece with no prior experience. Any occasion is a great time to get together to paint. All supplies included, Ice Cream Sundaes will be served at end of class.

**BABYSITTER'S TRAINING**  
at Hommocks Ice Rink Community Room

Ages 11 - 15

**Day:** Tuesday  
**Time:** 3:30 - 6:00 pm  
**Dates:** **Session 1:** April 18th & 25th  
**Session 2:** May 9th & 16th  
**Fee:** Resident: \$80  
Non Resident: \$95

This course is an interactive based program that provides participants with hands-on learning experiences. Participants receive a top quality Babysitter's Guide, a check list and certification if they meet the course requirements. This is excellent training for babysitters and those wishing to start babysitting.



## Youth Programs

### FENCING - BEGINNER

Ages 8 - 11

at Hommocks Ice Rink Community Room

**Day:** Wednesday

**Time:** 3:30 - 5:00 pm

**Dates:** May 3rd - June 21st

**Fee:** Resident: \$340

Non Resident: \$360

Fencing is a sport that builds agility, speed, coordination and focus. It's a great way to have fun and get in shape. This intro level class is structured for the beginner participant and will include a warm up, games and foot work drills to introduce the kids to the sport of fencing in a fun way. Fencers will learn the basic moves of fencing and get the chance to fence against one another in a real bout. Beginner Fencing is offered in cooperation with Sound Shore Fencing and Fencers Club in Manhattan. All equipment will be provided. **Minimum Class size 10.**



**All students must adhere to the safety rules set by the instructor and wear protective equipment. Students who fail to listen to the instructor will be asked to leave the class.**

### FENCING - INTERMEDIATE

Ages 10 - 14

at Hommocks Ice Rink Community Room

**Day:** Thursday

**Time:** 3:30 - 5:00 pm

**Dates:** May 4th - June 22nd

**Fee:** Resident: \$340

Non Resident: \$360

Fencing is a sport that builds agility, speed, coordination and focus. It's a great way to have fun and get in shape. This advanced foil class is structured to include a warm up, blade and foot work drills, strategy building and bouts. Fencers will compete against one another in individual or team events. Advanced Fencing is offered in cooperation with Sound Shore Fencing and Fencers Club in Manhattan. All equipment will be provided. **Minimum Class size 10.**



**All students must adhere to the safety rules set by the instructor and wear protective equipment. Students who fail to listen to the instructor will be asked to leave the class.**

## Summer Vacation Programs

**BRICK KIDS - MAKE IT MOVE LAB**  
at Hommocks Ice Rink Community Room

Grades K - 3

**Day:** Monday - Thursday  
**Time:** 9:00 am - Noon  
**Dates:** August 14th - 17th  
**Fee:** Resident: \$150  
Non Resident: \$170



Our BRICK KIDS classic building projects are made even better with the addition of movement! We build WeDo™ robots, create castles with working drawbridges, construct a catapult and get our train set up and running. Participants will learn about simple machines while building pulleys on our pirate island; learn about gravity and friction while building a marble run. Work with wheels and axles while building cars and create crazy contraptions using gears. Hands-on science and technology and amazing Lego™ brick building, as only BRICK KIDS can!

**\*NEW\***  
**CHESS CAMP**  
at Hommocks Ice Rink Community Room

Grades K - 5

**Day:** Monday - Thursday  
**Time:** 9:00 am - Noon  
**Dates:** August 21st - 24th  
**Fee:** Resident: \$160  
Non Resident: \$180



Unleash your brain power and spend part of your vacation with Chess Wizards! Chess Wizards has been teaching the game of chess since 2002. Our interactive curriculum makes learning fun for new and seasoned players alike. Our camps are led by our most experienced instructors and provide our students with a memorable camp experience while challenging their minds! Join us for tons of challenging chess lessons, exciting games, and cool prizes. You'll improve your chess skills, meet new friends and work out your most powerful muscle - your brain! Our camps include fun team chess games (like bughouse), snacks, tournaments and puzzles. Each camper receives a T-shirt, trophy and puzzle folder.

## Summer Vacation Programs

### FIRST PLAY LACROSSE CLINIC

Ages 6 - 12

at Hommocks Fields

**Day:** Monday - Friday

**Time:** 4:45 - 6:15 pm

**Dates:** July 17th - 21st

**Fee:** Resident: \$125

Non Resident: \$140

This introductory clinic by US Sports Institute ensures players will have great fun learning this exhilarating, fast paced game. All participants will learn the fundamentals of the sport including, stick handling, passing, scooping, dodging and shooting as well as many other key techniques. The First Play Lacrosse clinic is ideal for entry level players with little or no previous playing experience. **Participants will be grouped by ages 6 - 8 and 9 - 12 and playing ability as necessary.** The US Sports Institute will provide all equipment for this class but if you have your own stick please feel free to bring it along.



### FIRST PLAY FIELD HOCKEY CLINIC

Ages 6 - 12

at Hommocks Fields

**Day:** Monday - Friday

**Time:** 4:45 - 6:15 pm

**Dates:** July 24th - 28th

**Fee:** Resident: \$125

Non Resident: \$140

The US Sports Institute's First Play Field Hockey is an introductory clinic that will take participants through all phases of the game. Technical and tactical components will be integrated in a fun and innovative way. **Participants will be grouped by ages 6 - 8 and 9 - 12 and playing ability as necessary.** No previous experience playing field hockey is necessary.



# Summer Vacation Programs

## GOLF SQUIRTS

at Hommocks Fields

**Day:** Monday - Friday

**Time:** 4:00 - 5:00 pm

**Dates:** July 31st - August 4th

**Fee:** Resident: \$105 Non Resident: \$120

The US Sports Institute's Golf Squirts program will use the SNAG (Starting New At Golf) system. Participants will use oversized and lightweight clubs to encourage the correct grip and swing technique in a safe and controlled environment. This program makes learning simple and fun.

Ages 3 - 5



## FIRST PLAY GOLF

at Hommocks Fields

**Day:** Monday - Friday

**Time:** 5:00 - 6:30 pm

**Dates:** July 31st - August 4th

**Fee:** Resident: \$135 Non Resident: \$150

The US Sports Institute's First Play Golf program will teach all the specialized skills within the game, while keeping the sessions active and maintaining a child's interest throughout. Children will experience greater success by using larger golf balls and oversized golf club heads; enabling children to strike the golf ball more easily and consistently.

Ages 5 - 10



## FIRST PLAY TENNIS CLINIC

at Memorial Park Courts

**Day:** Monday - Thursday

**Time:** 9:00 am - 12:30 pm

**Dates:** **Session 1:** August 21st - 24th

Make up August 25th

**Session 2:** August 28th - 31st

Make up September 1st

**Fee:** Resident: \$205 Non Resident: \$225

US Institute's First Play Tennis is designed to introduce beginner level players to the fundamentals of tennis, including stroke technique, serving, court awareness and rallying. Activities are delivered in a low pressure, yet energetic environment, ensuring optimal learning, all the while maintaining the enjoyment factor of being on the tennis court. Ratio 8:1.

Ages 5 - 8



# Summer Vacation Programs

## SPORT SQUIRTS

at Hommocks Fields

Ages 3 - 5



**Day:** Monday - Thursday

**Time:** 4:30 - 5:30 pm

**Dates:** **Session 1:** August 14th - 17th **Make up:** August 18th

**Session 2:** August 21st - 24th **Make up:** August 25th

**Fee:** Resident: \$105 Non Resident: \$120

The US Sports Institute Sport Squirts program is a great way to introduce children to a variety of sports such as Soccer, T-ball, Lacrosse, Basketball, and Hockey. Activities are designed to evoke a child's imagination in which they can Find Nemo, send Shrek into a spin or capture Jellyfish with Sponge Bob Square Pants. All activities promote hand-eye coordination, movement, balance and most importantly Fun, Fun, Fun!

## MULTI-SPORT FULL DAY

at Hommocks Fields

Ages 5 - 11



**Day:** Monday - Thursday

**Time:** 9:00 am - 4:00 pm

**Dates:** **Session 1:** June 26th - 29th **Make up:** June 30th

**Session 2:** August 14th - 17th **Make up:** August 18th

**Session 3:** August 21st - 24th **Make up:** August 25th

**Fee:** Resident: \$220 Non Resident: \$245

## MULTI-SPORT HALF DAY

at Hommocks Fields

Ages 5 - 11

**Day:** Monday - Thursday

**Time:** 9:00 am - 12:30 pm

**Dates:** **Session 1:** June 26th - 29th **Make up:** June 30th

**Session 2:** August 14th - 17th **Make up:** August 18th

**Session 3:** August 21st - 24th **Make up:** August 25th

**Fee:** Resident: \$190 Non Resident: \$215

Experience over 15 different sports from around the world with the US Sports Institute. All activities will take place in an atmosphere which promotes good sportsmanship, teamwork and most of all fun.

**Participants will be grouped by ages 5 - 8 and 9 - 11 and playing ability as necessary.**



# Summer Camps

## Hommocks Camp, Camp Monroe and Pre School Camp Only

### **RESIDENT CAMP REGISTRATION BEGINS: Monday, March 6th**

Early Registration Discount ends Sunday, April 30th and  
fees increase \$80 per child as of May 1st.

Rye Neck and Non Resident camp registration begins Monday, May 1st.

Space is limited, register early! Camp typically reaches capacity.

You can register on-line or in person. No mail in accepted.

### **IN PERSON – At the time of registration you will be required to provide:**

- Two current proofs of residency.
- Completed camp applications which requires immunization and health insurance information to be written on camp form.
- Proof of age must be shown for Pre School Camp and Camp Monroe applicants.

### **ONLINE:**

- In order to register online you must have an online account. (*See page 2 for detailed online registration procedures*).
- Online registrations will be assessed a non-refundable convenience fee.
- After enrolling online, additional information is required before your registration is considered complete. The forms listed below must be submitted to the Recreation Department within 48 hours of enrolling online. There are NO exceptions - this is a Westchester County Health Department requirement.
- The following Forms must be emailed or dropped off to the Recreation Department. Faxing is not allowed.
  - Camp Application – Immunization and Health Insurance must be written on camp form. You can download this form from the Recreation Department website or click the link which will be provided on your paid receipt.
  - Two current proofs of acceptable residency. (See page 3 for details).
  - Proof of age for Pre School Camp and Camp Monroe.

**\*ANY FORMS NOT RECEIVED WITHIN THE ALLOCATED TIME WILL  
RESULT IN CANCELLATION OF YOUR REGISTRATION.**

# Summer Camps

## PRE SCHOOL CAMP

Ages 3 - 5

Location to be determined

**Day:** Monday - Friday

**Time:** 9:15am - 12:15 pm

**Dates:** July 3rd - August 11th (No Camp July 4th)

**Fee:** Resident: \$615

Rye Neck: (As of May 1st) \$700

Non Resident: (As of May 1st) \$750

**Early Registration Discount** ends on April 30th. Resident Fee increases \$80 per child as of May 1st.

Open to boys and girls ages 3 - 5 by **August 11th**. Pre School Camp will offer a wide variety of fun filled activities including, program specialists, entertainers and events. This half day camp will also include visits from our local Fire, Police and Emergency Medical Services Departments. A snack will be provided for all campers who do not bring one. Registration is limited and a Counselor/Camper ratio of 1 : 5 is planned.

**Camp policy requires that all children be toilet trained before the start of camp, pull-ups will not be permitted. Proof of age and immunization\* records are required at the time of registration for all Participants. (See page 42).**



## LUNCH BUNCH PRE SCHOOL CAMP EXTENDED DAY

Ages 3 - 5

**Day:** Monday - Friday

**Time:** 12:15 - 1:15 pm

**Dates:** July 3rd - August 11th (No Camp July 4th)

**Fee:** Resident: \$100

Rye Neck: (As of May 1st) \$110

Non Resident: (As of May 1st) \$120



Extended Day picks up where the Pre School Camp ends. Campers enrolled in the extended day program will enjoy an extra hour of camp fun and activities with our staff. Parents need to send lunch with those campers enrolled.

# Summer Camps

**CAMP MONROE**  
at Sheldrake Environmental Center

Ages 4 - 6

**Day:** Monday - Friday  
**Time:** 9:15 am - 1:15 pm  
**Dates:** July 3rd - August 11th (No Camp July 4th)  
**Fee:** Resident: \$715  
Rye Neck: (As of May 1st) \$800  
Non Resident: (As of May 1st) \$850

**Early Registration Discount** ends on April 30th. Resident Fee increases \$80 per child as of May 1st.

Open to boys and girls ages 4 - 6 by **August 11th**. Camp Monroe will contain a variety of programs, specialists, entertainers and events as well as visits from our local Fire, Police and Emergency Medical Services. The extended hour will provide the opportunity for campers and counselors to have lunch and explore the natural environment. Registration is limited and will be chosen by a lottery. A Counselor/Camper ratio of 1 : 5 is planned.

**Camp policy requires that all children be toilet trained before the start of camp, pull-ups will not be permitted. Proof of age and immunization\* records are required at the time of registration for all Participants. (See page 42).**



# Summer Camps

**HOMMOCKS CAMP**  
at Hommocks Ice Rink

Grades 1 - 6

**Day:** Monday - Friday

**Time:** 9:00 am - 3:00 pm

**Dates:** July 3rd - August 11th (No Camp July 4th)

<b>Fee:</b>	<b>1<sup>st</sup> Child</b>	<b>2<sup>nd</sup> Child</b>	<b>3<sup>rd</sup> Child</b>
Resident:	\$660	\$640	\$620
Rye Neck: (as of May 1st)	\$805	\$785	\$765
Non Resident: (as of May 1st)	\$855	\$835	\$815

**Early Registration Discount** ends on April 30th. Resident Fee increases \$80 per child as of May 1st.

Camp is open to youngsters who have **completed kindergarten (entering 1st grade), thru entering 6th grade**. This program will offer campers a variety of programs and special activities including swimming, arts & crafts, dance, sports and games. Hommocks Camp will also have special event days including treasure hunts, western day and the end of camp carnival. In addition, we will also receive visits from our local Fire, Police and Emergency Medical Services Departments.

Hommocks Camp offers optional out of camp trips (for an additional \$45 fee) which may include locations such as My Three Sons, The Maritime Aquarium, Sportime and more. **All trips are limited in space and are filled on the first come, first served basis. Register online or in person. A permission form must be completed and submitted the first day of camp.**

All enrolled in camp will receive a camp T-shirt. **Camp shirts must be worn on every trip. Registration is limited** and a Counselor/Camper ration of 1 : 8 for 1st & 2nd grades and 1 : 10 for grades 3 and up is planned.

**Immunization records are required at the time of registration for all participants. (See page 42).**



## Summer Camps

### HOMMOCKS BREAKFAST CLUB at Hommocks Ice Rink

Grades 1 - 6

**Day:** Monday - Friday  
**Time:** 8:00 - 9:00 am (No Program July 4th)  
**Dates:** **Session 1:** July 3rd - July 7th  
**Session 2:** July 10th - July 14th  
**Session 3:** July 17th - July 21st  
**Session 4:** July 24th - July 28th  
**Session 5:** July 31st - August 4th  
**Session 6:** August 7th - August 11th



<b>Fee:</b>	<i>(Fee is per Session)</i>	<b>Session 1</b>	<b>Session 2 - 6</b>
	Resident:	\$50	\$60
	Rye Neck: (as of May 1st)	\$60	\$70
	Non Resident: (as of May 1st)	\$70	\$80

### HOMMOCKS EXTENDED DAY at Hommocks Ice Rink

Grades 1 - 6

**Day:** Monday - Friday  
**Time:** 3:15 - 5:00 pm (No Extended Day on July 4th & August 11th)  
**Dates:** **Session 1:** July 3rd - July 7th  
**Session 2:** July 10th - July 14th  
**Session 3:** July 17th - July 21st  
**Session 4:** July 24th - July 28th  
**Session 5:** July 31st - August 4th  
**Session 6:** August 7th - August 10th



<b>Fee:</b>	<i>(Fee is per Session)</i>	<b>Session 1 &amp; 6</b>	<b>Session 2 - 5</b>
	Resident:	\$100	\$120
	Rye Neck: (as of May 1st)	\$110	\$130
	Non Resident: (as of May 1st)	\$120	\$140

### HOMMOCKS CAMP TOTAL EXPERIENCE PACKAGE Only in person registration available for this package.

The Total Camp Experience Package allows your camper not to miss out on a minute of camp. With the Total Experience Package, you get 6 weeks of Hommocks Camp, Breakfast Club and Extended Day as well as the camp trip for a discounted fee.

<b>Fee:</b>		<b>1<sup>st</sup> Child</b>	<b>2<sup>nd</sup> Child</b>	<b>3<sup>rd</sup> Child</b>
	Resident:	\$1,615	\$1,585	\$1,555
	Rye Neck: (as of May 1st)	\$1,860	\$1,830	\$1,800
	Non Resident: (as of May 1st)	\$2,010	\$1,980	\$1,950

# Summer Camps

## TEEN TRAVEL CAMP

Grades 7 & 8

**Day:** Monday – Friday

**Time:** Varies each day

**Dates:** July 3rd- August 11th (No Camp July 4th)

**Location:** Drop off and pick-up each day will be at the Hommocks Ice Rink parking lot

**Registration begins:** Monday, March 6th

**Registration deadline:** Monday, April, 3rd



	<u>Session 1</u>	<u>Session 2</u>
<b>Fee:</b> Resident:	\$1,225	\$1,250
Rye Neck: (As of March 27th)	\$1,370	\$1,395
Non Resident: (As of March 27th)	\$1,420	\$1,445

**Register for both sessions and receive a \$125 discount.**

The Teen Travel Camp is for teens entering 7th - 8th grades. Trips may be scheduled throughout NY, NJ, CT, & PA. Each day there is a different day trip scheduled. Possible trips may include Theme Parks, Water Parks, City Tours, Arena Tours, Indoor Entertainment Centers, Ball Games, Indoor Rock Climbing, Mini Golf, Bowling, Movies and Aquariums etc.

The 2017 itinerary will not be available at the time of registration. Departure and return times will differ on a daily basis; campers must have a flexible schedule. A typical day will be 9:00 am – 3:30 pm although some trips may depart as early as 8:00 am and return by 6:00 pm. A school bus will be used and when possible; a coach bus will be used for certain trips. The fee covers the expense of the activities and food for most trips. Spending money and/or a bag lunch may need to be brought on some trips.

### HOW TO REGISTER:

Registration is on a first come, first serve basis. A waitlist will be formed after the deadline or if we reach our maximum before the deadline. A minimum of 25 campers and maximum of 38 campers are required per session.

### IN PERSON – At the time of registration you will be required to provide:

- Two current proofs of residency. (See page 3 for details).
- Complete a Teen Travel Camp program application form.

### ONLINE:

- In order to register online you must have an online account. (See page 2 for detailed online registration procedures).
- Online registrations will be assessed a non-refundable convenience fee.
- Two current proofs of residency. (See page 3 for details).
  - Proof of residency must be sent into the Recreation Department.

Please note: Additional information/forms such as trip itinerary, immunization and health insurance form, permission slips, camper behavior contracts & camp handbook will be mailed to parents prior to the camp season. These forms must be completed and returned to the Recreation Department during the allocated time period which will be determined.

# Kayaking Programs

## KAYAKING - YOUTH

at Harbor Island Beach

Entering Grades 4 - 6

### Session 1:

**Day:** Saturday & Sunday  
**Time:** 12:30 - 1:30 pm  
**Dates:** June 3rd, 4th, 10th & 11th  
Make up: Following Weekend  
**Fee:** Resident: \$100  
Non Resident: \$120

### Session 2:

**Day:** Monday - Thursday  
**Time:** 10:45 - 11:45 am  
**Dates:** August 14th - 17th  
Make up: Friday, August 18th  
**Fee:** Resident: \$100  
Non Resident: \$120

### Session 3:

**Day:** Saturday & Sunday  
**Time:** 12:30 - 1:30 pm  
**Dates:** September 9th, 10th, 16th & 17th  
Make up: Following Weekend  
**Fee:** Resident: \$100  
Non Resident: \$120



## KAYAKING - JUNIOR

at Harbor Island Beach

Entering Grades 7 - 9

### Session 1:

**Day:** Saturday & Sunday  
**Time:** 10:45 - 12:15 pm  
**Dates:** June 3rd, 4th 10th & 11th  
Make up: Following Weekend  
**Fee:** Resident: \$120  
Non Resident: \$140

### Session 2:

**Day:** Monday - Thursday  
**Time:** 9:00 - 10:30 am  
**Dates:** August, 14th - 17th  
Make up: Friday, August 18th  
**Fee:** Resident: \$120  
Non Resident: \$140

### Session 3:

**Day:** Saturday & Sunday  
**Time:** 10:45 - 12:15 pm  
**Dates:** September 9th, 10th, 16th & 17th  
Make up: Following Weekend  
**Fee:** Resident: \$120  
Non Resident: \$140



These courses, in cooperation with the Village of Mamaroneck, are designed to introduce participants to the sport of kayaking. Participants will learn important skills, including, water safety and regulations, paddling techniques, what to do if they tip over and have fun on the water. Each day we will be exploring the local coastline and waterways in the Mamaroneck/Larchmont area. Personal Flotation Device will be provided or you may bring your own. Kayaks will be provided. **Maximum class size: 8**

## Kayaking / Paddle Board Programs

### ADULT KAYAKING at Harbor Island Beach

Ages 16 & up

#### Session 1:

**Day:** Saturday & Sunday  
**Time:** 8:30 – 10:30 am  
**Dates:** June 3rd, 4th, 10th & 11th  
Make up: Following Weekend  
**Fee:** Resident: \$120 Non Resident: \$140

#### Session 2:

**Day:** Saturday & Sunday  
**Time:** 8:30 – 10:30 am  
**Dates:** September 9th, 10th, 16th & 17th  
Make up: Following Weekend  
**Fee:** Resident: \$120 Non Resident: \$140



These courses, in cooperation with the Village of Mamaroneck, are designed to introduce participants to the sport of kayaking. Participants will learn important skills, including, water safety and regulations, paddling techniques, what to do if they tip over and have fun on the water. Each day we will be exploring the local coastline and waterways in the Mamaroneck/Larchmont area. Personal Flotation Device will be provided or you may bring your own. Kayaks will be provided.  
**Maximum class size: 8**

### PADDLE BOARDING at Harbor Island Beach

Ages 14 & up

#### Session 1:

**Day:** Saturday & Sunday  
**Time:** 9:00 – 10:00 am  
**Dates:** June 3rd, 4th, 10th & 11th  
Make up: Following Weekend  
**Fee:** Resident: \$120 Non Resident: \$140

#### Session 2:

**Day:** Saturday & Sunday  
**Time:** 9:00 – 10:00 am  
**Dates:** September 9th, 10th, 16th & 17th  
Make up: Following Weekend  
**Fee:** Resident: \$120 Non Resident: \$140



This course is designed to introduce participants to the sport of SUP (Stand-Up Paddle Boarding). This introductory class will teach participants Paddle boarding basics, kneeling, standing, maneuvering and water safety. All participants must be comfortable in the water. Boards, paddles and PFD will be provided or you may bring your own.  
**Maximum class size: 5.**

## Adult Programs

### WOMEN'S PHYSICAL FITNESS

at Hommocks Ice Rink Community Room

**Day:** Friday  
**Time:** 9:00 – 10:00 am  
**Dates:** April 3rd – June 19th  
(No Program April 10th, 12th,  
14th & May 29th)  
Make up: June 21st



**Fee:** Resident: \$205 Non Resident: \$260

This program will use various techniques to balance cardio and enhanced strength training through low impact weight training exercises. Relaxation stretches using yoga poses will tone your body and ease your mind. Heike Rauls, Certified Instructor. **Minimum class size: 10.**

**ZUMBA® EXERCISE PARTY** at VFW Lodge, 1288 Boston Post Rd.

**Day:** Saturday  
**Time:** 9:00 – 10:00 am  
**Dates:** **Session 1:** March 4th – April 22nd  
(No Program April 15th)  
Make-up: April 29th  
**Session 2:** May 6th – June 24th  
(No Program May 27th)  
**Session 3:** July 8th – August 19th

**Fee:** Resident: \$77 Non Resident: \$87



**TRY A CLASS:** Want to see what all the fun is about – Take a Trial Class for \$10 (Fee will be put toward your registration if you decide to join us).

**PAY AT DOOR** - Take a Zumba® Class when you want - \$12

**PUNCH CARD** – Zumba® when you want with a Punch Card. Convenient way to pay and Save! Must be used within Two Consecutive Sessions. A total of 11 classes.

**Fee:** Resident: \$125 Non Resident: \$135

**Please Note: Only checks or Cash will be accepted at the door.**

Laugh, Dance, Sweat and have Fun. This exercise session is all about Energy and Great Music. Make Friends while you Torch those calories away.

Zumba® is a hot new fitness program based on a fusion of Latin and international dance movements. The Zumba® routine features interval training, where fast and slow rhythms and resistance training are combined to sculpt and tone the body while burning fat in Zumba® -“So as they say Ditch the Workout & join the party!” **Instructors:** Laura Solow, winner of “Best of Westchester” for her Zumba® class. Assisted by Christina Pizzimenti. All instructors are Zumba® Licensed and CPR certified.

## Adult Programs

### TOTAL BODY CONDITIONING at Hommocks Ice Rink Community Room

**Day:** Monday & Thursday  
**Time:** 7:15 – 8:15 pm  
**Dates:** April 3rd – June 19th  
(No Program April 10th, 13th & May 29th)  
Make up: June 22nd  
**Fee:** Resident: \$140      Non Resident: \$180



Join our Total Body Conditioning class introducing cardio workouts, weight training, aerobic step and abdominal work. All levels of fitness are welcome. It is recommended that all participants bring their own towel to class. Mats and steps are provided. Mary Ann Liebowitz, Certified Instructor. **Minimum class size: 10.**

### YOGA SCULPT at Hommocks Ice Rink Community Room

**Day:** Monday & Thursday  
**Time:** 8:15 – 9:15 pm  
**Dates:** April 3rd – June 19th  
(No Program April 10th, 13th & May 29th)  
Make up: June 22nd  
**Fee:** Resident: \$140      Non Resident: \$180



Yogasculpt is a blend of yoga exercises and stretch techniques to help build strength, flexibility and balance in the mind and the body. The combination will promote flexibility, injury prevention as well as help diminish the effects of aging along with creating serenity and calm in both mind and body. Mary Ann Liebowitz, certified instructor. **Minimum class size: 10.**

### TOTAL BODY CONDITIONING/YOGA SCULPT COMBO

Sign up for both Total Body Conditioning and Yoga Sculpt for a discounted fee.

**Fee:** Resident: \$240      Non Resident: \$320

### SUMMER SIZZLER at VFW Lodge, 1288 Boston Post Rd.

**Day:** Thursday  
**Time:** 7:30 - 8:30 pm  
**Dates:** July 6th - August 17th  
**Fee:** Resident: \$100      Non Resident: \$120



The Summer Sizzler will incorporate all fitness disciplines, pilates principles and breathing techniques, yoga to enhance core strength and cardio to burn fat and improve stamina. This program is designed for all levels - beginners are welcome. It is recommended that all participants bring their own towel to class. Mary Ann Liebowitz, Certified Instructor. **Minimum class size: 10.**

## Adult Programs

### PAINT ESCAPE

at VFW Lodge, 1288 Boston Post Rd.

Ages 21 & up

**Day:** Friday

**Time:** 6:30 – 9:30pm

**Dates:** **Session 1:** April 28th

**Session 2:** June 2nd

**Fee:** Resident: \$25

Non Resident: \$30



Escape with your friends, date or spouse and join Nando for a fun time. Paint Escape supplies all the materials you will need to create your “masterpiece” with the help of our art instructor. Bring your favorite beverage and snack and be prepared for an exciting social adventure. Remember no artistic ability required. We will have coffee available at the end of class while you admire everyone’s work. Free onsite parking available.

**\*NEW\***

### BOOT SCOOTIN FUN at LINE DANCING

at VFW Lodge, 1288 Boston Post Rd.

Ages 21 & over

**Day:** Friday

**Time:** 5:30 – 9:00 pm

**Dates:** March 3rd

**Fee:** Resident: \$20

Non Resident: \$25



**Line Dancing**

Grab your partner or your friends and join us for great country music, step-by-step lessons, delicious light food, and fun! We will be kickin and heating up the night with line dancing featuring our professional caller, Adam Cherko who will provide loads of fun and laughs for everyone. Feel free to bring your country western outfits, your favorite beverages and snacks to add to the festivities. Space is limited so register soon and don’t miss out on this exciting evening.

# Senior Citizen Programs

## TOWN OF MAMARONECK SENIOR CENTER HOURS

Monday - Friday: 10:00 am - 3:30 pm

Memorial Day - Labor Day 10:00 am - 3:00 pm

The Town of Mamaroneck Senior Center operates under the auspices of the Town of Mamaroneck Community Services Office. The Center, located at 1288 Boston Post Road (VFW David Potts Jr. Post #1156) is completely accessible with handicapped restroom facilities and ample parking. The Center provides a wide variety of recreational, social and educational activities, weekdays, year round. The Center is open to seniors age 55 and over. Most activities are free or have a nominal charge. Some classes have a fee for participants. A monthly calendar of events and programs is available at the Center and on the Town of Mamaroneck website at <http://www.townofmamaroneckny.org/senior-center>

**The present Annual Resident membership fee is \$35. Non-resident membership is an additional \$15.** Identification and proof of residency is required. For membership information and a calendar of events, call Activities Coordinator, Maria Gallagher: 834-8840.

A hot lunch is served daily at noon. Reservations are required. The cost of the meal is \$4.65 per day; the minimum suggested contribution is \$3 per day. Participants under the age of 60 must pay the full cost of the meal.

Curb to curb bus transportation to and from the Center is available for seniors living in the Town of Mamaroneck and Villages of Larchmont and Mamaroneck. Suggested contribution for any bus transportation is \$1 per day for 2017. The Senior Bus Service provides curb-to-curb transportation to Stop & Shop on each Wednesday morning and afternoon. Reservations must be made *at least one day in advance* by calling the Senior Center at 834-8840 between the hours of 9:00 am and 3:00 pm. The contribution for trips to the grocery store is \$1.



Additional transportation options for senior citizens include:

- Transportation to Medical Appointments: Call the Community Service Office at 381-7840.
- Transportation to Senior Center and Grocery Shopping: Call the Senior Center at 834-8840.

Our Transportation Services are also funded by U.S. Department of Health & Human Services, New York State Office of the Aging, & the Westchester County Department of Senior Programs & Services.

# Senior Citizen Programs

Must be 55 years or older and a registered member of Senior Center to participate. Membership Fee is \$35 for Residents; Non Residents pay an additional \$15  
All programs held at VFW Lodge, 1288 Boston Post Rd.  
Call 834-8840 for further information.

## TAI CHI FOR SENIORS

**Day:** Thursday  
**Time:** 10:00 - 11:00 am  
**Fee:** \$100/year  
Please register at Senior Center.

Eleanor Dreyfus will guide you through the benefits of this ancient Chinese form of exercise. Possible benefits of this class include; fall prevention, balance boosting, stress and pain reduction, immune system enhancement, easing depression, increasing bone density and lessening Parkinson's Disease symptoms.



## SENIOR ART CLASS

**Day:** Wednesday  
**Time:** 1:00 - 3:00 pm  
**Fee:** \$125/year  
Please register at Senior Center.

Advanced level art program for seniors. Art instructor, Pat Sutherland offers professional advice and instruction while class works on personal painting/drawings. Students choose medium to work with and must provide their own supplies. Class displays work at Annual Art Exhibit at Larchmont Library each spring.



## STAY STRONG & FIT EXERCISE

**Day:** TBA (Usually Wednesday)  
**Time:** 1:15 - 2:15 pm  
**Fee:** FREE

Join our instructor for an exercise program designed to improve balance, agility, cardiovascular endurance, flexibility and strength. This free class is brought to us by the Mainstream Program and Westchester County Department of Senior Programs & Services.



## DANCERCISE

**Day:** Wednesday  
**Time:** 10:30 - 11:30 am  
**Fee:** FREE

A casual drop in exercise/dance class for seniors. Senior Center Assistant Coordinator, Kathleen Flynn will guide you through dance steps to your favorite tunes. Move and groove during this fun work out!

# Senior Citizen Programs

## ZUMBA GOLD

**Day:** Twice a month (call Senior Center for dates)

**Time:** 1:30 - 2:15 pm

**Fee:** FREE

Join Laura Solow for a total-body wellness program that feels like a party while it revitalizes your mind and body. Zumba Gold classes provide modified, low-impact moves for older adults.

## OTHER WEEKLY ACTIVITIES

### MAH JONGG

**Day:** Monday, Tuesday & Friday

**Time:** 10:00 am

### POKER

**Day:** Monday & Thursday

**Time:** 10:00 am

### BOARD GAMES

**Day:** Monday, Tuesday,  
Thursday & Friday

**Time:** 11:00 am

### BRIDGE

**Day:** Tuesday & Thursday

**Time:** Noon



## MONTHLY ACTIVITIES:

Monthly Blood Pressure Screening, Medicare Minute, Holiday Celebrations, Special Bingo Birthday Events, Movies, Handcrafts and Sewing Projects, Arts and Crafts, Trips to Local Shopping Centers and Places of Interest as well as Guest Speakers.



# Memorial Park

## OUTDOOR CONCERTS IN THE PARK at Memorial Park

Four outdoor concerts will be held on the lawn this summer at Memorial Park. Concerts will be held on the following Monday evenings:

**Days:** Mondays

**Time:** 7:00 pm

**Fee:** FREE



**July 10th FAST FORWARD** - A super talented band joins us to Kick Off our Summer Concert Series. New York's Hottest high energy band playing past favorites and present hits. They had people dancing in the street at last year's Street Fair and they will have you rocking all night long.

**July 17th BACK TO THE GARDEN 1969** - Welcome Back! They wowed us in the past so don't miss them this year. Take a trip back to the music of the Woodstock era. Enjoy all those beloved favorites from the generation that rocked the world over 45 years ago.

**July 24th FDR DRIVE BAND** - This band is the Ultimate Musical Experience! FDR Drive promises an unforgettable evening of the best "High Energy" dance music from the 60's to the present. You will be entertained from the moment they step on stage.

**July 31st SWAY** - The New York Rock Band featuring Andy Hilfiger, Ted Utz and Lou Young will making their Memorial Park debut. Join them for a night of traditional rock with blazing guitar riffs, driving percussions and spirited lyrics.



Bring your family, a blanket or chair and your appetite, to join your neighbors for an evening of great music and fun. Food and beverage will be available for sale at all four concerts.

The playground will be open for children's enjoyment.

Free convenient parking is available across the street in Commuter Lot #1 on Myrtle Blvd.

**In case of inclement weather, concerts will be re-scheduled when possible.**

**Rain Date: August 7th. Call 381-7865 for updates.**

# Memorial Park

## OUTDOOR MOVIES IN THE PARK at Memorial Park

**Day/Date:** Friday, May 19th  
(Rain date: June 16th)  
**Time:** Beginning at dusk, approximately 8:20 pm  
**Fee:** Free



**Day/Date:** Friday, September 8th  
(Rain date: September 22nd)  
**Time:** Beginning at dusk, approximately 7:25 pm  
**Fee:** Free

Join us for a night under the stars and watch a movie on a GIANT movie screen with free popcorn. Bring your blanket, chair and a flashlight and join us on the lawn at Memorial Park. Free convenient parking is available across the street in Commuter Lot #1 Myrtle Blvd. Movies TBA.

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**The Larchmont-Mamaroneck Little League - [www.lmlittleleague.org](http://www.lmlittleleague.org)**

**The Larchmont Junior Soccer League - [www.ljsl.org](http://www.ljsl.org)**

### **Manor Beach**

Contact the Manor Park Society, P.O. Box 2, Larchmont, NY or call 914-4309

### **Flint Park Day Camp and Tennis Permits**

Contact the Village of Larchmont Recreation 914-834-1919

### **Stephen E. Johnson Beach at Harbor Island**

Contact the Village of Mamaroneck Recreation Department 914-777-7784

**The Larchmont/Mamaroneck Youth Lacrosse Association - [www.lmyl.net](http://www.lmyl.net)**

**The Mamaroneck Junior Soccer League - [www.mjsl.org](http://www.mjsl.org)**

### **The Mamaroneck Youth Hockey Association**

Contact <https://leagueathletics.com/Default.asp?org=MYHAHockey.com>

**The Mamaroneck Youth Football League - [www.myflonline.com](http://www.myflonline.com)**

# Memorial Park

Memorial Park on Myrtle Blvd offers a variety of activities and recreational opportunities for all ages. Four tennis courts are available (permit required – see page 18) to Town residents who would like to have a friendly game with a neighbor. Lessons are available (see page 19) for those who would like to learn the game or sharpen their skills. **Please note: Attendant on duty daily May thru September.**



## PLAYGROUNDS

Memorial Park has a tot playground for 2 - 5 year olds and one for 5 - 12 year olds to enjoy. Both are surrounded by rubberized safety surfacing.

## RECREATIONAL ACTIVITIES UNDERNEATH THE MURRAY AVENUE BRIDGES

The blacktop has been re-surfaced underneath these 2 separate bridges to provide for a variety of activities. One bay provides a smooth surface and large area to be used as a tennis warm-up area.

The other bay is designed with interactive children activities. This area includes a miniature track, shuffleboard, giant checkers and hopscotch. Equipment for these activities including a volleyball net and game pieces for chess/checker tables may be borrowed from the on-duty attendant by leaving a Town of Mamaroneck Resident I.D. card or driver's license.



# Sheldrake Environmental Center



## Spring and Summer 2017 at Sheldrake Environmental Center

685 Weaver Street, Larchmont, NY 10538  
914-834-1443 [www.sheldrakecenter.org](http://www.sheldrakecenter.org)

### Connecting Children and Nature

Children can explore, discover and connect with nature on the trails of a beautiful 60-acre oasis with pond, lake, meadow and forest. They'll get to play games under the shade of a tree, search for bugs, frogs and turtles around the pond, feed the birds, and so much more.



**Spring Vacation Camp, ages 3 - 5**  
**Monday-Friday, April 10th -14th; 9:30am - 12:30pm**



**June Mini Camp, ages 3 - 5**  
**Monday-Friday, weekly starting June 5th, 9:30am - 12:30pm**

*Interested in other dates and times this spring or summer? We'd love to talk to you about a drop-off or Mommy & Me group program - TO FIT YOUR NEEDS - for your child and friends! Let us know!*

### Nature for the Whole Family on Weekends

Sheldrake gets families outside in a big way when they come to **Family Weekends**.

Offered free for members and at a low cost for non-members, each session has a unique theme. Check <http://www.sheldrakecenter.org/events/> for themes, dates and times.



### Earth Day at Sheldrake - April 2017

Begin backyard composting.

Get your hands dirty at our clean-up of the 60-acre Larchmont Reservoir Conservancy.  
Celebrate Earth Day!

**Earth Day Compost Bin Sale & Workshop, 9:00 – 10:00 am**  
**Earth Day Clean-up at the Larchmont Reservoir Conservancy,**  
**10:00 am – 12:00 pm**

Please check back for date at <http://www.sheldrakecenter.org/events/>.

# Community Events

## Town of Mamaroneck 5K RUN & LIL' BUNNY HOP Sunday, April 23, 2017



Hosted by: Town of Mamaroneck Recreation Department and Town of Mamaroneck Fire Department

Start/Finish - Memorial Park – Located on Myrtle Blvd, Larchmont

**5K Run:**  
(3.1 mile) – All Ages  
Race Start Time: 9:00 am  
Pre-registration: \$30  
Race day: \$40 – Space permitting  
cash or check only on race day



**Lil' Bunny Hop:**  
(1 mile) – 12 years and under  
Race Start Time: 8:30 am  
Pre-registration: \$15  
Race day: \$20 – Space permitting  
cash or check only on race day  
(Adults running with a child are free.)

Mail Registration Forms To:  
(Checks only)

Town of Mamaroneck Recreation Dept.  
740 W. Boston Post Road  
Mamaroneck, NY 10543

For more information or online registration:  
[www.townofmamaroneckny.org](http://www.townofmamaroneckny.org)  
Office – 914-381-7865

Entry fee includes T-shirt  
(not guaranteed to race day registrants)  
**NO REFUNDS.**

No Baby Strollers, Jogging  
Strollers or Pets please.

Rain or Shine

**Packet Pickup:**

At Recreation Office:  
Wednesday, April 19th, 6 – 8 pm

Or

Memorial Park (race morning):  
Sunday, April 23<sup>rd</sup> starting at 7:30 am

Register Online – [www.townofmamaroneckny.org](http://www.townofmamaroneckny.org)



## PLANET HOCKEY 2<sup>nd</sup> Annual 2017 Super Camp!!

MYHA Discount Available  
Email for Details.

Summer **SUPER Skills Camp at Hommocks Ice Rink**  
August 21st – 25th, 2017 (Monday – Friday)

<b>Group A – Birthyears 2007 &amp; Younger</b>	<b>8:30 am – 1:30 pm</b>	<b>\$689</b>
<b>Group B – Birthyears 2006 &amp; Older</b>	<b>8:45 am – 2:00 pm</b>	<b>\$689</b>

Exclusive Camp Features:

- TOTAL Player Development Camp
- The Most Complete ELITE Training
- Daily On Ice Skills & Focus Sessions, Small Games, Dryland Training, Video Lectures, Goaltending & Scorers Sessions, PLUS: Player Evaluation & Video, Video Clips, Awards, Camp Jersey, Top Coaches, Pre-camp Prep Email & more.....
- STP (Supplemental Training Program)
- Receive 4 extra hours of On Ice skills training. Available at this camp, select during online registration.
- Professional/Certified Staff  
Join our hand-picked, certified International Staff.



**Register at:** [www.Planethockey.com](http://www.Planethockey.com)

Planet Hockey Contact: Steve Strunk – Phone 720-304-3880 Email: [Steve@planethockey.com](mailto:Steve@planethockey.com)

# Individual Program Registration

(Cannot be used for Camp)

Participant \_\_\_\_\_ Age \_\_\_\_\_

Address \_\_\_\_\_ Date of Birth \_\_\_\_\_

City \_\_\_\_\_ Zip \_\_\_\_\_

Home Phone \_\_\_\_\_ Business Phone/Ext. \_\_\_\_\_

Cell Phone \_\_\_\_\_ Emergency Phone \_\_\_\_\_

Email \_\_\_\_\_

Program \_\_\_\_\_

Session \_\_\_\_\_ Day \_\_\_\_\_ Time \_\_\_\_\_

Fee \_\_\_\_\_

I, the participant or parent/ guardian of the above named child, who participates in programs organized by the Town of Mamaroneck Recreation Department, assume all risks and hazards incidental to the conduct of the activity and transportation to and from the activity. I am aware that participating in any recreational program can be a dangerous activity involving risks of injury. I specifically release, absolve, indemnify and waive any claims against the Town of Mamaroneck, the Town of Mamaroneck Recreation Department, their organizers, sponsors and any supervisors appointed by them from liability. Photo Permission - Participants permit the taking of photographs of themselves and their children during recreational activities for publication and use by the Recreation Department for promotional purposes unless otherwise stated.

By completing this application, I acknowledge the Recreation Dept. policies for program registration and refunds.

Signature \_\_\_\_\_ Date \_\_\_\_\_

Individual checks are necessary for each program.

Check Enclosed. (For mail in only)

Make checks payable to  
Town of Mamaroneck - and mail to  
Recreation Dept.,  
740 W. Boston Post Rd.  
Mamaroneck, NY 10543.

# TOWN OF MAMARONECK

Department of Recreation  
740 West Boston Post Road  
Mamaroneck, New York 10543  
[www.townofmamaroneckny.org](http://www.townofmamaroneckny.org)

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## Town of Mamaroneck

Nancy Seligson  
*Supervisor*

Abby Katz  
*Councilwoman*

Tom Murphy  
*Councilman*

Ernest C. Odierna  
*Councilman*

Jaine Elkind Eney  
*Councilwoman*

Stephen V. Altieri  
*Town Administrator*

### IMPORTANT DATES TO REMEMBER:

#### Program Registration Begins:

Resident: Monday, March 6th

Rye Neck and Non Resident: Monday, March 27th

#### Camp Registration Begins:

Resident: Monday, March 6th

Rye Neck and Non Resident: Monday, May 1st

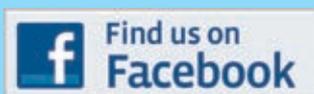
Resident Camp Fee Increases \$80 beginning: Monday, May 1st

#### Teen Travel Camp Registration Begins:

Resident: Monday, March 6th

Rye Neck and Non Resident: Monday, March 27th

Teen Travel Camp Deadline: Monday, April 3rd



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on Twitter