

September

Town of Mamaroneck Senior Center

2017

1288 Boston Post Road, Larchmont, NY 10538 (914) 834-8840
 SENIOR CENTER HOURS MONDAY- FRIDAY 10:00AM - 3:30PM

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
	4 LABOR DAY SENIOR CENTER CLOSED	5 BRIDGE/MAH JONGG MEDICARE MINUTE 12:30 ACTIVITIES SUSPENDED DURING PRESENTATION	6 DANCERCISE 10:30 SHOPPING/ART CLASS STAY STRONG & FIT EXERCISE 1:15	7 POKER BRIDGE BOARD GAMES	8 SHOPPING TRIP TO KOHLS- 12:30pm Board Games	
10 St. John's Lutheran Church BBQ 12:00 Must RSVP	11 POKER/BOARD GAMES RUSSIAN FOLKLORE 12:30- 2:30	12 FLU SHOTS 11:30- 1:00 BRIDGE/MAH JONGG	13 JACOB BURNS FILM CENTER TRIP DANCERCISE 10:30 SHOPPING/ART CLASS STAY STRONG & FIT EXERCISE 1:15	14 Tai Chi 10:00- 11:00am POKER/BRIDGE BOARD GAMES	15 ZUMBA GOLD 1:30 Deadline- Golden Harvest	
17 ?	18 SPECIAL PRESENTATION How Do "They" Know So Much About Me? 1:00- 2:30pm POKER/BOARD GAMES	19 11th ANNUAL SENIOR RECOGNITION DAY 10:00am- 2:00pm BY COXE & GRAZIANO Activities Suspended Today	20 DANCERCISE 10:30 SHOPPING/ART CLASS STAY STRONG & FIT EXERCISE 1:15	21 Tai Chi 10:00- 11:00am POKER/BRIDGE BOARD GAMES	22 ZUMBA GOLD 1:30 Board Games	
	24 25 POKER/MAH JONGG BOARD GAMES Blood Pressures 12:30- 1:00 in Office	26 SPECIAL PRESENTATION 12:30 "FALLS PREVENTION" BRIDGE/MAH JONGG	27 DANCERCISE 10:30 SHOPPING/ART CLASS STAY STRONG & FIT EXERCISE 1:15	28 Tai Chi 10:00- 11:00am POKER/BRIDGE BOARD GAMES	29 BINGO BIRTHDAY PIZZA BASH	
	1 2 POKER BOARD GAMES CHAIR YOGA 1:15	3 BRIDGE MAH JONGG BOARD GAMES	4 GOLDEN HARVEST EVENT DANCERCISE 10:30 SHOPPING/ART CLASS STAY STRONG & FIT EXERCISE 1:15	5 Tai Chi 10:00- 11:00am POKER/BRIDGE BOARD GAMES	6 MOVIE & MUNCHIES "Manchester by the Sea" 12:45 PM	

Senior Center Coordinator: Maria Gallagher (914) 834-8840
 Senior Center Staff: Kathy Flynn, Diana Pantore, Carmen Medina
 Community Services Director: Anna Danoy
 Community Services Office: (914) 381-7840

MOHEGAN SUN CASINO TRIP -\$35.00
MONDAY, OCTOBER 23RD 9:00AM-7:00PM

SENIOR CENTER HOURS
ARE NOW
10:00AM- 3:30PM