

## **"JUNE SENIOR MOMENTS"**

**\*\*\*SENIOR CENTER HOURS 10:00AM-3:00PM\*\*\***

**\*\*\*SUMMER HOURS AT SENIOR CENTER \*\*\***

**Please Note – Senior Center Hours May 30 – Sept. 5 10:00am-3:00pm**

**MONDAYS – Poker, Board Games, CHAIR YOGA exercise class- 1:15**

**TUESDAYS – Bridge, Mah Jongg, Board Games**

**WEDNESDAYS - DANCERISE with Kathy - 10:30**

**STAY STRONG AND FIT Exercise Class - 1:15**

**AM and PM shopping to Stop and Shop & CVS**

**If interested call 834-8840 the day before or by 9:00am on Wed.**

**If you come for the Nutrition Program you may go shopping after your meal.**

**ADVANCED ART CLASS – Senior members work in different mediums of art.**

**THURSDAY- TAI CHI – 10:00**

**Poker, Bridge, Board Games**

**FRIDAY - Special Events and Movies, Board Games**

**\*\*\*RESERVE YOUR TICKETS NOW\*\*\***

**"ANNIE" at Westchester Dinner Theatre on Thursday, July 27<sup>th</sup> - \$57.00**

**JUNE 9 ZUMBA GOLD with Laura at 1:30pm **\*\*FREE\*\*****

**JUNE 12 DEADLINE to RSVP – for Saxon Woods Pool Party on June 20th**

**JUNE 13 Blood Pressures-Nurse Kathy 12:30-1:00 in Office.  
Bring blood pressure card.**

**JUNE 16 MOVIES AND MUNCHIES 12:45 – "FENCES"**

Troy Maxson (Denzel Washington) makes his living as a sanitation worker in 1950s Pittsburgh. Maxson once dreamed of becoming a professional baseball player, but was deemed too old when the major leagues began admitting black athletes. Bitter over his missed opportunity, Troy creates further tension in his family when he squashes his son's (Jovan Adepo) chance to meet a college football recruiter.

**JUNE 20 Saxon Woods Pool Party - \$4.00 lunch and \$1.00 transportation  
Must RSVP by June 12<sup>th</sup> Great Food and Entertainment Rain Date- June 21st**

**JUNE 23 BIRTHDAY/PIZZA/BINGO  
RSVP for PIZZA \$1.25/slice (eat in only)  
Bingo Boards - \$1.00 FREE Bingo Board for all JUNE Birthdays**

**JUNE 27 TRIP TO ARTHUR AVENUE AND RIGOLETTO'S  
Bus leaves at 9:45am – shop till Lunch at 12noon, then shop again till 2:30.  
LUNCH at Rigoletto's - Salad, choice of Ravioli with meatball & sausage, or chicken parmigiana or eggplant parmigiana soda, coffee & cookies.  
\$32.00 per person (includes lunch, tip & transportation) Space limited  
Rain Date –TBA**

**MEDICARE MINUTE – Our own Mary Ann Larkin is back to bring us the latest in Medicare News 12:30PM Activities suspended during presentation and attendance required of all members**

**JUNE 29 (note time) ZUMBA GOLD with Laura at 1:45pm **\*\*FREE\*\*****

**JUNE 30**

**“IT’S 5’O’CLOCK SOMEWHERE” Luncheon 12noon  
\$4.00 - MUST RSVP BY June 28<sup>th</sup>  
Special Menu with Special Drinks  
ENTERTAINMENT BY D.J. JOE (He’s Back!!)  
A SUMMER FUN TIME**

**JULY 4**

**HOLIDAY – SENIOR CENTER CLOSED**

**JULY 7**

**MOVIES AND MUNCHIES 12:45 – “LA LA LAND”**

Sebastian (Ryan Gosling) and Mia (Emma Stone) are drawn together by their common desire to do what they love. But as success mounts they are faced with decisions that begin to fray the fragile fabric of their love affair, and the dreams they worked so hard to maintain in each other threaten to rip them apart.

**SAVE THE DATES JULY 14<sup>TH</sup> – ANNUAL SENIOR BAR-B-QUE**

**JULY 27<sup>TH</sup> “ANNIE” at Westchester Dinner Theatre - \$57.00**

**DATES TO LOBSTER HOUSE IN CITY ISLAND - TBA**

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**WELCOME: To our newest Staff Member Carmen Medina**

**We are looking forward to having you as part of our Senior Center Family**

**Thank you to our very own resident photographer and videographer, Harry Hazelwood, he always knows how to “capture the moment”!**

**Congratulations to our Stay Fit and Strong Exercise Instructor, John O’Connor and the MAINSTREAM Program. They will be honored at a Westchester County Parks Society Luncheon on June 9<sup>th</sup>**

**IF YOU ARE JOINING US FOR ANY OF OUR EXERCISE CLASSES PLEASE BE SURE TO FILL OUT A REGISTRATION FORM SO WE HAVE CONTACT AND MEDICAL INFORMATION – THANK YOU**

**2017 Registration Fee and Registration Form – There will be a new Registration Form for 2017. This information is very important. Please take your time to complete the form for us.**

**The 2017 fee will be Residents: \$35.00 / Non-Residents \$35.00 + \$15.00 (\$50.00)**

**Our Transportation Services are also funded by U.S. Department of Health & Human Services, New York State Office of the Aging, & the Westchester County Department of Senior Programs & Services**

**STAY STRONG AND FIT**

