

OCTOBER

# Town of Mamaroneck Senior Center

2018

1288 Boston Post Road, Larchmont, NY 10538 (914) 834-8840  
 SENIOR CENTER HOURS MONDAY- FRIDAY 10:00AM - 3:30PM

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
	<b>1</b> Eggplant Parmigiana Tomato Sauce Whole Wheat Penne Spinach	<b>2</b> Chicken Chow Main Buttered Brown Rice Oriental Veggies	<b>3</b> Beef Sauerbraten/Gravy German Potato Salad Red Cabbage	<b>4</b> Baked Tilapia Veracruz Sauce Latin Green Beans Red Beans & Rice	<b>5</b> Roast Turkey/Gravy Mashed Sweet Potato Crumbed Cauliflower	<b>6</b> 
<b>7</b> 	<b>8</b> Columbus Day Center Closed	<b>9</b> Chicken Cutlet Francese Roasted Potatoes Green Beans	<b>10</b> Lamb Curry White Rice Spinach	<b>11</b> Flounder Picatta Sauce Cous Cous w/Peas Carrots w/Dill	<b>12</b> Boneless Breaded Pork Chop/Mashed Potatoes/Mixed Veggies	<b>13</b> 
<b>14</b> 	<b>15</b> Crispy Baked Cod Tartar Sauce Succotash Kale & Onions	<b>16</b> Meatloaf/Gravy Mashed Potatoes Peas & Carrots	<b>17</b> Pasta w/Chicken Broccoli & Garlic Carrots	<b>18</b> Roast Turkey/Gravy Stuffing Creamed Spinach	<b>19</b> Baked Cured Ham Raisin Sauce/Sweet Potato Green Bean Casserole	<b>20</b> FOOD TRUCK FESTIVAL 12- 4:00 Memorial Park
<b>21</b> 	<b>22</b> Knockwurst Sauerkraut Corn Nibbles Baked Beans	<b>23</b> Baked Pesto Chicken Roasted Potatoes/Zucchini	<b>24</b> Sweet & Sour Pork Brown Rice/Broccoli	<b>25</b> Baked Salmon Lemon Butter Sauce Cous Cous w/Pesto Tuscan Vegetables	<b>26</b> OCTOBERFEST MENU PORK ROAST/GRAVY POTATOES RED CABBAGE	<b>27</b> 
<b>28</b> 	<b>29</b> Spinach Quiche Stewed Tomatoes Broccoli	<b>30</b> German Style Pork Chop Sauerkraut/Sweet Potato Crumb Baked Cauliflower	<b>31</b> Veal Goulash Brown Rice w/Peas Glazed Carrots	<b>1</b> Roast Chicken BBQ Sauce/Coleslaw Baked Beans	<b>2</b> Eggplant Parmigiana Tomato Sauce/Whole Wheat Penne/Tossed Salad w/Chick Peas	<b>3</b> 

Senior Center Coordinator: Maria Gallagher (914) 834- 8840  
 Senior Center Staff: Kathy Flynn, Diana Pantore, Carmen Medina  
 Community Services Director: Anna Danoy  
 Community Services Office: (914) 381- 7840

**SPECIAL MENU FOR  
 OCTOBERFEST  
 MUST RSVP**

**CALL 834- 8840 TO MAKE A  
 RESERVATION FOR LUNCH  
 CONTRIBUTION- \$3.00**