

August

Town of Mamaroneck Senior Center

2017

1288 Boston Post Road, Larchmont, NY 10538 (914) 834-8840
 SENIOR CENTER HOURS MONDAY- FRIDAY 10:00AM - 3:00PM

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
	31 Salmon Burger Caribbean Peach Sauce Potato/Green Beans	1 Maple Pulled Chicken Mashed Potatoes Tuscan Mix Veg	2 Roast Turkey Sandwich Lettuce/Tomato Stuffing(cold)/Carrot Raisin Salad	3 Fresh Roasted Ham Gravy/Scalloped Potatoes/Green Bean Casserole	4 Cheese Lasagna/Tossed Salad w/Chickpeas Broccoli w/Garlic	5 
6 	7 Chicken Cutlet Marsala Mashed Potatoes Green Beans	8 Baked Cheese Strata Sautéed Zucchini Salad with chickpeas	9 Meatloaf/Gravy Mashed Sweet Potatoes Peas & Onions	10 Tuna Macaroni Salad Three Bean Salad Beet Salad	11 Baked Pesto Chicken Quinoa & Kale Stewed Tomatoes	12 
13 	14 Crispy Baked Cod Buttered Grits Collard Greens & Onions	15 Roast Chicken BBQ Sauce Baked Beans Coleslaw	16 Italian Meatballs Tomato Sauce Pasta/Broccoli/garlic	17 Grilled Chicken Caesar Salad Romaine Lettuce Red Potato Salad	18 Breaded Pork Chops Gravy/Sweet Potatoes Yellow/Green Squash	19 
20 	21 Chicken Cutlet Parmigiana Pasta/Broccoli Garlic and olive oil	22 Curried Egg Salad Sandwich Beet Salad Carrot Raisin Salad	23 Beef & Peppers Gravy/ Spinach Mashed Sweet Potatoes	24 Chicken Chow Mein Brown Rice Oriental Veg Mix	25 Baked Salmon Lemon Butter Baked Potato Tuscan Mix Veggies	26 
27 	28 Italian Chicken Sausage Roasted Potatoes Zucchini & Tomato	29 Yankee Pot Roast Mashed Sweet Potato Baked Cauliflower	30 Tuscan Chicken Pasta with basil Pesto Tuscan Mix Veggies	31 Turkey, Cheese Rueben Beet salad Cucumber Salad	1 Sole Florentine Lemon Butter Sauce Lentil Pilaf / Baby Carrots	2 

Senior Center Coordinator: Maria Gallagher (914) 834-8840
 Senior Center Staff: Kathy Flynn, Diana Pantore
 Community Services Director: Anna Danoy
 Community Services Office: (914) 381-7840

**YOU MUST CALL 834- 8840 FOR
 TRANSPORTATION TO
 SENIOR CENTER**

**CALL 834- 8840 TO MAKE A
 RESERVATION FOR LUNCH
 CONTRIBUTION- \$3.00**